HOW 'MAD' ARE YOU?

PRESS KIT

PRODUCTION CONTACT

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blackfella films

PRODUCTION NOTES

Producer	Darren Dale
Series Producer & Writer	Jacob Hickey
Location Directors	David Grusovin, Naomi Elkin-Jones
Shooter Producers	Mike Polson, Vaughan Dagnell
Production Company	Blackfella Films Pty Ltd
Genre	Documentary Series
Language	English
Aspect Ratio	16 x 9
Durations	EP 1 00:53:27:16
	EP 2 00:55:22:19
Sound	Stereo
Shooting Gauges / Cameras	Canon EOS C300 MKII, Canon EOS C300 MKI

LOGLINE:

Ten Australians spend a week together. Five have a history of mental illness. Five do not. The question is – Who's Who?

SERIES SYNOPSIS:

This ground breaking two-part series will address the issue of mental illness in a way never seen before on Australian television.

Around one in five Australians experience mental illness every year. Despite the scale of the problem – the stigma remains.

Ten Australians with diverse backgrounds and from right across the country, have all agreed to take part in a bold and daring study in the hope of breaking down this stigma.

Five of them have been diagnosed as being mentally unwell, five have not; the question is – Who's Who?

Over the next week, they'll take part in a series of specially designed tests.

The group will be under the gaze of experts who face the daunting task of working out who's been diagnosed as mentally ill and who has not.

The experts are putting their professional reputations on the line, and the ten risk being labelled with a mental illness they don't have. It's all in the name of breaking down stigma and exploring where the fine line between being 'well' and 'mentally ill' lies.

The series will explore major disorders including Clinical Depression, Social Anxiety Disorder, Schizophrenia, Bipolar Disorder, Obsessive-Compulsive Disorder and Anorexia Nervosa.

Each episode delves into the relationship between character traits and mental illness, and considers the social implications arising from the diagnosis of mental illness.

The question of who is 'mad' and who isn't goes to the core of how we see ourselves, and how we see others in Australia today.

Crucially the volunteers who take part are ultimately living proof that a history of mental illness doesn't have to define you or make you 'other' in today's society.

HOW 'MAD' ARE YOU? - EPISODE ONE

Around one in five Australians experience mental illness every year. Despite the scale of the problem – the stigma remains.

Ten Australians from a rich variety of backgrounds, from right across the country, have all agreed to take part in a bold and daring study in the hope of breaking down this stigma.

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The ten are arriving from right across Australia. A rural retreat on the Mornington Peninsula in Victoria will be their home for the next week. All have been through rigorous psychiatric screening and declared as fit to take part.

One of the ten has a history of anorexia so severe that they feared drinking water would increase their weight. Another has been so clinically depressed that they tried to take their own life, and one member of the group has been diagnosed with schizophrenia. But who are they?

As the group prepares for their first test, the panel of experts is also getting ready. For the first two days they'll be kept entirely separate from the group, observing the ten from their viewing room. Amongst the leading clinicians in the country, they have years of experience in diagnosing mental illnesses.

Professor Jayashri Kulkarni is the Director of Australia's largest psychiatry research centre. Jan Macintire is Senior Psychiatric nurse in one of the country's busiest emergency hospitals. Professor Tim Carey is a clinical psychologist working in Alice Springs.

Around four million of us experience a mental illness every year. Over the next five days the panel will watch the group face carefully designed tests and challenges that should highlight the symptoms of six of the most common psychiatric disorders suffered by Australians: clinical depression, social anxiety disorder, obsessive compulsive disorder, anorexia nervosa, bipolar disorder and schizophrenia.

Overseeing the week's activities is Clinical Psychiatrist, Doctor Steve Ellen. Unlike the expert panel, Steve will have direct contact with the group.

10am and the first test is about to begin.

One in every seven Australians experiences an anxiety disorder every year. But somebody in the group may have been diagnosed with a particular type - Social Anxiety Disorder. Sufferers have

an acute fear of social interactions. The panel is looking for anyone showing obvious signs of nervousness.

The ten have just a few short hours to prepare their material before performing at the local pub. But it's Cameron who appears to be struggling the most.

In just a few minutes the group must perform their comedy routines to a packed pub of locals.

A specific form of anxiety, Social Anxiety Disorder is the fear of social interactions and situations that involve been scrutinised. Symptoms include anxiousness about being embarrassed, humiliated or negatively evaluated, and physical symptoms such as excessive sweating, trembling or stammering.

So after the first test, which of the ten are on the radar of the panel? And do any of them present as having a history of Social Anxiety Disorder?

Despite their struggles the panel must now make their first big decision. They must pick out the five in the group who they think have a history of mental illness.

Day Two. After last night's stand-up comedy the panel must now decide which of the five they believe has a history of mental illness.

This fine line between mental wellbeing and mental illness has long been a cause of controversy. In 1973, a man named Dr. David Rosenhan shocked psychiatry to the core. He and seven friends tried to get themselves admitted to psychiatric hospitals across the US. All were healthy but every one of them was diagnosed as mentally ill. Rosenhan exposed how subjective the definition of mental illness can be.

Almost half a century later, this group of diverse Australians is taking part in a different kind of study and for different reasons. They are all motivated by a desire to provoke a conversation and remove the stigma of mental illness.

The next task being prepared by Doctor Steve Ellen is a problem-solving exercise. It's a research tool used by psychologists to study brain function. The task is to place the coloured balls on the pegs to match the image on the card. The challenge is to make the fewest number of moves in the shortest amount of time. A poor performance has been linked with a variety of serious mental illnesses.

Mary is the first to show signs of struggling. Cameron's performance on the other hand is almost faultless. The so-called 'disordered thinking' noted by Professor Kulkarni on comedy night, appears to have vanished. But there's another member of the group whose performance is cause for concern. Rather than clarify matters, the test has muddled the waters still further.

The number of Australians experiencing mental illness may run into the millions, but as the panel is quickly discovering differentiating between ordinary character traits and a full-blown psychiatric disorder is no easy task. Something Doctor Steve Ellen knows all about.

For the second test of the day, the group has been asked to gather in the gardens. Despite the seeming serenity, this Complex Figure Drawing test could prove to be an extremely uncomfortable experience for anybody with a history of Obsessive Compulsive Disorder.

OCD is an anxiety disorder. Classic symptoms include a fear of dirt and contamination, counting rituals and persistent doubts like checking the gas or locks. It affects more than half a million Australians.

Complex figure tests are used by psychologists and can reveal if someone displays obvious signs of obsessive planning and excessive attention to detail. Someone in the group has been diagnosed with OCD. They were so crippled by their obsessive checking routines, that they eventually couldn't face getting out of bed.

Although the panel is looking for obsessive behaviours, the test is also revealing other character traits amongst the group, and potentially a history of another serious mental illness. Mary's the first to finish. Others are more concerned with getting things right. But does Cameron's attention to detail indicate a past diagnosis of OCD?

As the panel deliberate - time is running out. In less than 24 hours they'll reveal to one of the ten that they think they have a history of mental illness.

As the ten relax, for the second time this week the panel must now decide who they believe are the five in the group who have a history of mental illness. Have today's tests revealed anything new that's changed their mind?

The final test of the day.

Mental health researchers have long used gambling based tests as a way of studying mental illness. And while Roulette may seems like a fun game, how the ten play it could actually reveal compelling evidence of a mental illness.

Bipolar disorder used to be called manic depression. Around one in 50 Australians will develop the illness at some point in their lives. It causes unusual shifts in behaviour between manic highs and depression, often separated by long periods of balanced behaviour. Mania can result in euphoria and recklessness, while depression makes you feel worthless, pessimistic and even suicidal.

One member of the group has been diagnosed with bipolar disorder. During periods of mania they've impulsively spent large amounts of money before then succumbing to weeks of deep depression.

It seems Mary's not the only one in the group showing signs of impulsive behavior. Nat's high stakes strategy has paid off and taking a chance is something that comes naturally. But does Nat's risky behaviour point towards acute impulsivity and a possible history of bipolar disorder? Not according to the panel. For the experts, the distinction between Nat and Mary's behaviour is clear.

After two days of exhaustive observation, it's time for the panel to put their theories on the line. They must reveal the one person in the group that they're certain has a history of mental illness and one person they're certain does not.

As the experts debate whom to call in, the group ponders how they feel about potentially being labelled with a mental illness they don't have.

After two days, four tests, and exhaustive analysis, it's decision time.

Who will the panel choose?

The group is only half way through the week with no idea what the next few days will bring.

Next time... the ten volunteers face more tests, before the panel make their final decisions and stigma and stereotype are confronted.

HOW 'MAD' ARE YOU? - EPISODE TWO

So far, the panel of experts has found their assignment a struggle. As the unique study now reaches its climax, the tests become more challenging and the panel is faced with their final decision. And members of the group risk being labelled with a mental illness they don't have.

It's all in the name of breaking down stigma and exploring where the fine line between being 'well' and 'mentally ill' lies.

For the first time, the group is leaving the confines of their rural retreat and heading to the coast, where clinical psychiatrist Doctor Steve Ellen is waiting.

It may look like a fun team building exercise but raft building could draw out behaviours in the ten that could help the experts decipher who's who.

Half way through the week-long study, the panel has decided which of the five they believe have a history of mental illness.

But will this latest test change the experts' minds?

So far this week, Lisa's not been on the panel's radar. But her apparent reluctance to involve herself in the raft building has the experts speculating.

In team two, it's Bree who's shifted into sharp focus. After revealing details of her childhood in the comedy routine challenge earlier in the week, Bree has already raised concern amongst the experts, and now for a second time her behavior has caught the panel's attention.

The symptoms of clinical depression include feeling extremely sad or tearful, a sense of worthlessness and a lack of motivation. It can impact on sleep, appetite and even cause physical aches and pains. Every year, around one million Australians are affected by a depressive illness.

Somebody in the group has been so clinically depressed that they tried to take their own life.

With Cameron and Nat in one team and Mary and Bree in the other, the experts will be seeing if they or their watching teammates display any behaviours that could be linked to a mental illness. Despite successfully returning to dry land, it's Bree who once again reveals more for the panel to consider.

As the experts mull things over, the ten must prepare for the next test.

Attributional Questionnaires are used by psychologists to assess the extent to which somebody sees fault within himself or herself in a hypothetical situation. Responses to the scenarios can highlight signs of a variety of mental illnesses.

It's not long before Andy's responses raise concerns for the panel. And he's not the only one with a unique style...

Next, it's the turn of Lisa and Katherine to come under the spotlight.

Decision time. Who are the five within the group the panel now believe have a history of mental illness?

With the panel members each struggling to pick who is who, their theories will soon be blown apart as the ten face their most confronting test yet.

The penultimate day of the study, and this morning's test has been designed to challenge how the ten see themselves. They've been asked to change into tight fitting clothing before having their photograph taken.

More than one million Australians experience some kind of eating disorder. Anorexia Nervosa is one of the most common. The illness is characterised by low body weight and an obsessive fear about gaining weight. But the symptoms go far beyond the physical.

One of the ten has a history of anorexia so severe that they feared drinking water would increase their weight.

Specialists from Swinburne University of Technology in Victoria, who designed this body image test, have been brought in to run it. The ten must now look at the photographs of themselves and the rest of the group. A cutting edge eye tracking device records what parts of the body they focus on and for how long.

The second part of the task is a fixation test; it records a tiny unconscious movement of the eye as it attempts to focus on a point. At this stage, the ten are completely unaware of what the test is measuring.

As the data is processed, the group reflects on what has been the most emotionally demanding test so far.

The panel has reached some conclusions based on their observations but they'll now be presented with the scientific data that the body image test recorded. First the eye tracking results.

But it's the results of the fixation task known as the 'square wave jerk test' that are most revealing in pinpointing a possible history of anorexia nervosa. For the panel, the results are almost entirely counter to the conclusions they'd come to when watching the group's behavior. So do they go with their clinical observations or the science?

With the experts struggling to decipher between character traits and full-blown psychiatric disorders, the group also reflect on how blurred the line between mental health and mental illness can be.

The final day of the study has arrived. The last task will test each participant's ability to read emotion. They're each in turn invited to a darkened projection room and shown large portrait images of different people expressing vivid emotions. At the same time contradictory audio is played. The challenge is to ignore the audio and instead describe the emotion portrayed by the person's face.

Schizophrenia causes an altered sense of reality. Key symptoms include delusions, hallucinations, disorganised speech, catatonic behavior and a lack of emotional expression. One

of the ten has been diagnosed with schizophrenia and has suffered from episodes of psychosis and paranoia.

For Andy, who has already been earmarked by the panel as possibly having a history of the illness, it's not long before he begins to struggle. But he's not the only one in the group to find the test a challenge.

At this point the experts have decided that, on balance, Sharon doesn't have a past history of mental illness. But all week her behavior has left them feeling perplexed.

After a week of exhaustive observation, the testing is finally over. It's decision time for the experts. They must now come face to face with the members of the group who they believe have a history of mental illness. And crucially they must identify what that illness is.

Time is up. Who will the panel call and what will their decision be?

The study is over and only one thing remains. Any of those in the group not correctly identified by the panel must now reveal themselves.

THE PARTICIPANTS:

The 10 volunteers are made up of Australians of all ages, from different backgrounds, reflecting the diversity of the nation and indeed the scope of mental illness.

Five of the group have a history of mental illness; five do not. The question is who's who?

All of the group have a powerful and compelling story to tell. Ultimately they will prove that having a mental illness doesn't define you nor make you 'other' in today's society.



ANDY





CAMERON



JAMES



KATHERINE



LISA



MARY



MITCH



PRODUCER STATEMENT: THE BACKGROUND

Blackfella Films prides itself on producing high quality, thought provoking factual series that have a social conscience at their core.

First Contact (Series 1 and 2), The Tall Man, Deep Water – The Real Story, Filthy Rich & Homeless and now How 'Mad' Are You? fulfill the criteria of bringing important subjects, and issues, to bring to the attention of a national audience in an intelligent and revelatory way.

How 'Mad' Are You? is based on an original BBC (Horizon Special) format from 2008, first broadcast in the UK.

The original BBC format was inspired by the 1972 'Rosenhan Experiment'. The American psychologist David Rosenhan and several associates feigned auditory hallucinations in order to be admitted to psychiatric hospitals. Eight of these 'pseudo-patients' were diagnosed with psychiatric disorders. Although they ceased displaying any symptoms once admitted to a hospital, they were detained for between 17 and 52 days. None were recognised as sane by hospital staff. The Rosenhan study, 'On Being Sane In Insane Places' was published in the journal *Science* in January 1973. The experiment's results raised questions about the validity of psychiatric diagnosis.

The opportunity presented was a unique one - to provoke discussion and debate across the nation on a subject that is too often ignored and dangerously misunderstood. It was an enormous challenge; however, we believed the inherent risks were outweighed by the possible gains.

With mental illness the invisible epidemic gripping Australia, we felt that we could take the original UK format, apply it to an Australian context, and deliver a series that will be a crucial tool in breaking down stigma and stereotype.

As with other major series Blackfella Films has produced in recent times, our duty of care obligation to both the participants and the production team were taken extremely seriously.

There were obvious risks in terms of the social implications of identifying people with a history of mental illness, failing to recognise mental disorders in others, and labelling someone with an illness that they have never been diagnosed with.

Throughout the pre-production period, we consulted at length with mental health organisations, charities, consumer groups and mental health professionals to plot and plan the series. In so doing, we formulated a relationship with SANE-Australia who became crucial advocates and partners on the series.

A comprehensive Code of Conduct document was produced that set out the key protocols and strategies we intended to implement throughout the production.

A key part of this was our approach to finding the ten key participants. The five participants with a history of mental illness were all sourced via mental health organisations and consumer groups. Face to face meetings, call outs and recommendations all ensured that we had a list of potential participants who were keen to take part in the series. The five participants with no history of mental illness were all sourced via a general call out on SBS Online.

A cornerstone of the Code of Conduct was to employ our on-screen guide, Dr. Steve Ellen, as our Clinical Psychiatrist and series consultant. Steve was then joined by an independent Clinical Psychologist to help facilitate the selection process of the ten. The pair worked together to vet the long-list of volunteer participants eventually narrowed down to the final group. The vetting process was stringent and detailed. Interviews and questionnaires were critical in determining the successful applicants.

The potential participants were asked to provide the production with access to their medical records. To guarantee informed consent from those with a history of mental illness, we further consulted with their GP and close family, and they were evaluated by an independent Psychiatrist to confirm their suitability to participate. All ten participants were provided with a detailed Information Pack about the series.

Dr. Ellen was heavily involved in approving the tests and challenges during preproduction. We also drafted in an additional consultant clinical neuropsychologist to advise on the suitability of the various tests and to provide Dr. Ellen with the necessary training to administer the tests during filming.

Both Dr. Ellen and the consultant psychologist provided support throughout the shoot. They were on hand and on call respectively to offer 24/7 support services to both the participants and the production team.

We also invested in providing appropriate care and support for all those involved as required once the shoot was complete. Each of the ten participants was given the opportunity to watch the final episodes prior to the broadcast in order to prepare them for the transmission and to re-confirm their formal consent to appear in the series. They also had the opportunity to request that changes be made while acknowledging that Blackfella Films and SBS maintained editorial independence throughout.

Sourcing the three mental health experts on the panel was also a detailed and exhaustive process. We were determined to have the highest calibre of professionals from diverse backgrounds, and with a range of skills and expertise.

It was also crucial that the experts were fully informed of the series, what it would involve and what the potential consequences of taking part may be. The panel was provided with a detailed Information Pack about the series, including briefings on each of the proposed tests and activities.

As with all Blackfella Films' series, high production values were a priority. As a constructed observational documentary, the shooting style was designed to reflect this.

Particular emphasis was placed on finding new methods of introducing the key participants using elegant portrait imagery. The expert's viewing room was designed to have a contemporary, dynamic feel.

A carefully constructed graphics package has been used to convey vital information about the key psychological illnesses and conditions being put under the spotlight in the series. These information graphics are vital visual vignettes that impart crucial facts for each of the six mental illnesses being highlighted in the series.

The backstories with the key participants have been inserted into the program as appropriate to create depth visually and editorially. These mini-packages help strip away some of the stigma and stereotypes as the viewer sees evidence that the person previously diagnosed with a mental illness is now leading a full and vibrant life.

Floating crews captured the real-life emotion and drama of the series. The key tests and challenges were covered by a minimum of two cameras and sometimes as many as five, thus ensuring the best chance of capturing the unfolding events and reactions. Likewise, the interview scenes between the expert panel and the selected volunteers were also shot from 'both sides' to record the real time revelations that occurred.

Specialist filming equipment including drone photography was used to raise the bar visually. The aerial photography set the primary location, a character in itself, and was utilised on some of the key outdoor pursuit-style challenges.

We believe this series has the potential to provoke a crucial debate and discussion about mental illness so that stigma and stereotype can be broken down.

This is about all of us. And the question of who is 'mad' and who isn't goes to the core of how we see ourselves, and how we see others in Australia today.



DR STEVE ELLEN - Director of Psychosocial Oncology Peter McCallum Cancer Centre - Melbourne

Doctor Steve Ellen is the everyman psychiatrist. He unpacks the ivory towers of medical science into real world experience and understanding.

For 15 years Steve was head of psychiatry at the Alfred Hospital and in 2016 moved to the Peter McCallum Cancer Centre where he is at the forefront of developing psychosocial care for people with cancer. Steve is passionate about work in the public health system and the diversity of psychiatry in a general hospital setting.

The idea of evaluating and analysing behaviour and personality is nothing new to Steve. But he thinks a television series that tests experts' powers of observation will raise difficult questions about how mental health professionals understand diagnosis, and challenge the public's perceptions about what mental illness looks like in everyday life.

EXPERT PANEL



PROFESSOR TIM CAREY – Clinical Psychologist -Professor and Director of the Centre for Remote Health in Alice Springs

Professor Carey is an outspoken critic of how we treat those with a diagnosed lived experience of mental illness; "One of the most prolific delusions in mental health is that mentally ill people have a chemical imbalance in their brain."

Tim feels that mental health has been unnecessarily and inappropriately medicalised with the unfortunate consequence often being that people can be funnelled into a lifelong affliction that requires ongoing medication. He fundamentally does not accept the current status of mental health diagnosis as the way forward and he champions a radically different approach in his research, work, and writing.

Although Tim's views are not yet mainstream, he is an internationally respected clinical psychologist. He was influential in the construction and delivery of a landmark apology to Aboriginal and Torres Strait Islander people on behalf of the Australian Psychological Society.

EXPERT PANEL



PROFESSOR JAYASHRI KULKARNI – Clinical Psychiatrist -Director of Monash Alfred Psychiatric Research Centre -Melbourne

Professor Kulkarni is one of the top psychiatrists in her field internationally and directs Australia's largest clinical research centre in psychiatry. She is an advocate for gender specific treatment and is a campaigner for segregated wards to help combat the high rate of assaults on women during their time in care.

Jayashiri thinks that "mental health is at war with itself". Psychology vs Biology means that mental health does not have the strides of togetherness and progression found in oncology. Mental health in Australia is reaching a critical point. People with a mental illness die many years earlier than the rest of population. Professor Kulkarni wants to see a robust diagnostic system that provides life changing treatments for her patients.

EXPERT PANEL



JAN MACINTIRE- Senior Psychiatric Nurse within the Emergency Psychiatry Team at the Alfred Hospital in Melbourne

25 years ago Jan crossed over from general nursing to psychiatric nursing and hasn't looked back since.

She is a frontline senior psychiatric nurse working both within the Emergency Department of one of Melbourne's busiest hospitals and in the crisis team (CATT) in the community.

Jan conducts expert mental health assessments and develops care plans for people in acute psychiatric crisis on a daily basis. Her role is to assess and build rapport and trust with people very quickly and she does this by drawing on her experience and by conveying an understanding and empathic approach.

"Everybody's mental health is a crucial part of their wellbeing and for some, mental illness is the point at which we fracture and need help".

NARRATOR



JUDY DAVIS

Judy Davis is one of Australia's most versatile actors. Internationally acclaimed, with a career spanning over thirty years, Judy has impacted audiences with a variety of award winning film and television performances. Judy first came to prominence for her role as Sybylla Melvyn in the coming-of-age saga **My Brilliant Career**, for which she won BAFTA Awards for Best Actress and Best Newcomer.

The two-time Emmy Award winner is best known for portraying formidable real-life women on TV, including the notorious felon, Sante Kimes, in A Little Thing Called Murder and Hollywood legend, Judy Garland, in the miniseries Life With Judy Garland: Me And My Shadows. Davis made television history when Life With Judy Garland received the most nominations for a single performance and won every award she was nominated for, including the Emmy, Golden Globe, Screen Actors Guild and the American Film Institute Award. Most recently, she can be seen in Ryan Murphy's 2017 series Feud as notorious Hollywood columnist Hedda Hopper. Davis has received an Emmy nomination for her work in this role.

Davis received Academy Award nominations for her roles in A **Passage To India** and Woody Allen's **Husbands And Wives**. Woody Allen is a great admirer of Judy's work, and has described her as "good looking, smart and quick-witted and unpredictable", and consequently has cast her in five films, To **Rome With Celebrity, Deconstructing Harry** and **Alice**.

Additional film credits include The Young And Prodigious TS Spivit, Marie Antoinette, The Break Up, Kangaroo, Impromptu, Naked Lunch, Barton Fink, The Ref, On My Own, Blood And Wine, Children Of The Revolution and Absolute Power. Australian productions include Swimming Upstream, opposite her Eye Of The Storm co-star Geoffrey Rush, and AFI award winning roles in Kangaroo and High Tide.

PRODUCER BIOGRAPHIES



DARREN DALE – Producer

Darren has been a company director of Blackfella Films, Australia's premier Indigenous production company, since 2000.

In 2008 Darren, together with Rachel Perkins, produced the landmark multi-platform history series **First Australians**, broadcast on SBS to over 2.3 million viewers and accompanied by an internationally acclaimed interactive website. Amongst the many accolades for **First Australians** were AFI, TV Week Logie, AWGIE and Australian Director's Guild Awards. The 2010 SBS documentary **Lani's Story** was the recipient of a United Nations Media Peace Award, the second consecutive year Darren was awarded this prize.

In 2011, Darren produced the feature documentary **The Tall Man** for SBS, based on the award-winning book by Chloe Hooper. Premiering at the 2011 Adelaide Film Festival, the film screened at the Toronto International Film Festival (TIFF) and the International Documentary Film Festival Amsterdam (IDFA). **The Tall Man** received the AWGIE Award for Best Broadcast Documentary and the inaugural Walkley Award for Documentary, and was released theatrically by Hopscotch/eOne.

The acclaimed telemovie **Mabo**, which Darren produced with Miranda Dear for the ABC, screened at the Sydney Film Festival in 2012 ahead of its national broadcast to commemorate the 20th anniversary of the landmark High Court decision.

In collaboration with Emmy Award-winning UK writer Jimmy McGovern and Miranda Dear, Darren produced two 6 x 1 hour series of the ground breaking **Redfern Now** for the ABC, the first drama series on Australian television to be written, produced and directed by Indigenous Australians. In 2013 and 2014 it won the TV Week Logie Award for Most Outstanding Drama Series, and in 2014 the AACTA Award for Best Television Drama Series. A final telemovie installment of **Redfern Now** titled **Promise Me** was broadcast in 2015.

In 2014 Darren produced **First Contact**, a 3 x 1 hour documentary series for SBS, which received the 2015 TV Week Logie for Most Outstanding Factual Program.

Next up was **DNA Nation**, a 3 x 1 hour documentary 'big science' series for SBS. Darren was Executive Producer on the 14 x half hour ABC3 teen drama series **Ready for This**, winner of the 2015 AACTA Award for Best Children's Television Series and the 2016 TV Week Logie Award for Most Outstanding Children's Program.

In 2016 Darren produced the feature documentary **Deep Water**: **The Real Story** which investigated the gay hate epidemic of crimes in Sydney during the 1980s and 1990s, and, with Miranda Dear, the companion 4 part SBS crime drama series **Deep Water**, starring Noah Taylor and Yael Stone.

Deep Water: The Real Story received top honours at the 2018 NSW Premier's Literary Awards, sharing the Betty Roland Prize for Scriptwriting with *Top of the Lake*.

Also for SBS, Darren produced a further series of the award winning **First Contact.**

In 2017 the feature documentary In My Own Words, written and directed by Erica Glynn for NITV and SBS premiered at the Sydney Film Festival, and the major 3 part documentary series Filthy Rich & Homeless (plus an accompanying live debate show) was broadcast on SBS attracting outstanding ratings.

Darren is currently producing a further series of **Filthy Rich & Homeless** that will be broadcast by SBS in 2018.

Blackfella Films has several documentary and drama projects, including feature films, in development including **Grand Days**, the adaptation of the Frank Moorehouse 'Edith Trilogy' for Foxtel.

With his Blackfella Films business partner, Rachel Perkins, Darren cocurated the film program for the **Message Sticks Indigenous Festival** at the Sydney Opera House from 2002 until 2011, and in 2012 presented the curated program of Indigenous films **Blackfella Films Presents** in partnership with the Sydney, Melbourne and Brisbane International Film Festivals.

Darren currently serves on the board of Sydney Festival and the Sydney Film Festival. He was on the Council of the Australian Film, Television and Radio School from 2012 to 2018 including two years as Deputy Chair, and on the board of Screen NSW from 2011 to 2015.

In 2012 he was the recipient of the prestigious AFTRS Honorary Degree.

PRODUCER BIOGRAPHIES



JACOB HICKEY – Series Producer & Writer

Jacob started his career in BBC current affairs and worked on many award-winning projects, including hard-hitting investigations, primetime observational documentaries and historical series. After almost ten years at the BBC, Jacob moved to Melbourne.

In 2009 Jacob wrote and directed a feature length documentary **Inside the Firestorm** for the ABC telling the story of Australia's worst bushfire disaster 'Black Saturday'. The documentary won Jacob the 2010 AFI Award for Best Direction in a Documentary.

Jacob's next project was **Immigration Nation**, on which he was both series producer and director. The 3-part documentary was broadcast on SBS in January 2011, and nominated for Best Factual Series at the 2011 AACTA Awards. Jacob then took up the post of series producer and writer on **Once Upon a Time in Cabramatta**. The high-profile series for SBS told the dramatic and tumultuous story of the Vietnamese community synonymous with the western Sydney suburb. The production attracted one of the biggest audiences ever for a SBS documentary, received great critical acclaim, and won Gold and Silver Medals at the New York Film Festival's International Television and Film Awards. 2012 saw Jacob series producing, directing and writing **Dirty Business – How Mining Made Australia**.

In July 2013 Jacob joined Blackfella Films in Melbourne as Head of Factual, responsible for the development and production of the company's factual slate.

Jacob was the writer and series producer of the 3 part series **First Contact** that screened on SBS in late 2014. The series attracted a total audience in excess of two million, received critical acclaim and won the 2015 TV Week Logie Award for Most Outstanding Factual Program.

Next was **DNA Nation**, the 3 part 'big science' documentary series broadcast on SBS in 2016 on which he was the writer and producer.

Jacob was co-writer of the feature length documentary **Deep Water: The Real Story** which investigated the gay hate killings that plagued Sydney in the 1980s and 1990s. **Deep Water: The Real Story** received top honours at the 2018 NSW Premier's Literary Awards, sharing the Betty Roland Prize for Scriptwriting with *Top of the Lake*.

A further series of the award winning **First Contact** was broadcast on SBS in late 2016, followed in 2017 by the major 3 part documentary series **Filthy Rich & Homeless** on which Jacob was the writer and series producer. Jacob is currently in post-production on a further series of **Filthy Rich & Homeless** which will be broadcast by SBS in 2018.



AGNES TEEK – Story Producer

Agnes Teek has been a producer and director for UK television documentary and drama departments for 15 years.

She has worked with BBC and ITV developing, producing a wide variety of formats and genres. Including the award-winning series BBC **This World**, ITV **Country file** and the BBC Arts series **Mark Lawson talks to...**

Agnes combines her editorial judgement and drama story telling experience to develop new and innovative programming – to tell great stories in powerful ways.



NAOMI ELKIN-JONES – Location Director

Naomi Elkin-Jones began her career in live art installation before quickly progressing to documentary in 2006.

Over the past 12 years Naomi she has covered everything from the Ethiopian military to babies being born, the Dali Lama to sailing the Atlantic. Her work has been shown in countries across the globe, and has been nominated for and won numerous awards.

Most recently Naomi co-directed **Revolution School** for ABC1 which was nominated for the 2016 SPA Awards. She has directed and produced across a multitude of genres including **Date My Race** for SBS, **Gogglebox** for Network 10, **Making Families Happy** for ABC1 and **Testing Teachers** for SBS.



DAVID GRUSOVIN – Location Director

David Grusovin started his career in feature films as an assistant editor and sound editor. In 1996 he wrote and directed the short documentary **The Christmas Cake** which won the Dendy Australian Short Film Award for Best Documentary at the Sydney Film Festival. It was followed by the documentaries **Taking Care of Elvis** and **The Animated Leunig**.

In a television career spanning over 20 years David has produced and directed a multitude of lifestyle programs, music shows, documentary series and specials across all genres, including **Big Brother**. He directed the adventure reality series **The Lost Tribes**, National Geographic documentaries **Lockdown Oz** -**Australia's Hardest Prison, Warrior Road Trip** and **The Tsunami Line**. He has worked as a series producer on **Surf Patrol**, senior producer on **Make Me a Supermodel**, and directed **Restaurant Bobby Chin** for Discovery Networks Asia.

Most recently David has directed the factual series Ice Wars for ABC, Class Of for Network Ten, River Cottage Australia Series One, Coast Australia for History Channel as well as Living with the Enemy, First Contact Series 2, Who Do You Think You Are? and Filthy Rich and Homeless for SBS.





MIKE POLSON – Shooter Producer

Mike Polson has experience working on documentaries and factual entertainment in the UK, New Zealand and Australia. Mike has worked as a producer, director and cinematographer for all the major Australian networks.

His recent credits include **The Block**, **Married at First Sight** and The **Last Resort** for Nine.

VAUGHAN DAGNELL – Shooter Producer

Vaughan Dagnell brings over 20 years of experience as a director, producer and camera operator to the series team. A passion for character development and visual story telling has seen Vaughan work regularly with Blackfella Films since directing on **'Filthy Rich & Homeless'** in 2016.

Originally from the UK, Vaughan has directed for the BBC, Channel 4 and ITV on projects including BAFTA winning 'One Born Every Minute' and RTS winning '24hrs in A&E'. Since relocating to Australia Vaughan has diversified into entertainment, taking senior producing roles on LOGIE winning 'Hamish and Andy's Gap Year Asia' and 'The Block', as well as ASTRA & AACTA nominated 'The Real Housewives Of Melbourne', while also following his passion for documentary and factual projects directing 'Miracle Hospital' for National Geographic and 'Everyone's A Critic' for ABC.



MARDEN DEAN – Director Of Photography

Marden Dean is a talented award-winning cinematographer working across drama, documentary, music videos and commercials. Marden completed a Masters in Cinematography at the Australian Film, Television and Radio School and has gone on to enjoy collaborations that have taken him across Australia and around the Globe.

Marden shot the feature film **Fell** (dir. Kasimir Burgess, 2014) for Footprint Films and Felix Media, for which he earned an AACTA Award nomination for Best Cinematography and the feature film **The Infinite Man** (dir. Hugh Sullivan 2014) for Hedone Productions which premiered at SXSW Film Festival in 2014 and has been described by <u>time.com</u> as one of the 'ten films that made SXSW spectacular'.

Recent credits include the comedy series **The Other Guy** starring Matt Okine for Stan (dir. Kacie Anning, 2017), **Breath** (dir. Simon Baker 2017), feature film **Boys in the Trees** (dir. Nicholas Verso, 2016). Marden recently finished shooting the documentary for Pursekey Productions called **After the Apology** (dir. Larissa Behrendt, 2017).



MARK ATKIN, ASE - Editor

Mark Atkin is one of Australia's leading editors and filmmakers. For more than 25 years he has edited a wide range of award winning productions, including the feature films Only The Brave, Mallboy and Force of Destiny; the telemovies Saved and Nowhere Boys: The Book of Shadows; the prime time television drama series Seachange, MDA, Offspring, The Slap, Glitch and Safe Harbour; and the high profile documentaries Two Mums and a Dad, The Sounds of Aus, Immigration Nation, Jabbed, First Contact Series 1 and 2, DNA Nation and Filthy Rich and Homeless.

In 2004, in recognition of excellence in screen editing, Mark received accreditation by the prestigious Australian Screen Editors Guild (ASE).

In 2012, Mark won an "Elle" (ASE award) for Best Editing in a Television Drama for **The Slap**. In 2014, Mark won the AACTA Award for Best Editing in Television for the mini series **Mrs Biggs**.



MATTEO ZINGALES – Composer

Matteo Zingales is a multi award-winning composer who writes evocative original music for film and television.

His projects include the US ABC prime-time TV thriller **Secrets** and Lies and most recently Showtime's **The Kettering Incident**, for which he won the 2016 ACCTA Award for Best Original Score in Television. Forthcoming is Foxtel's **Australia Day**, due for release in late 2017.

Feature films include **99 Homes** (Australian Screen Composers Guild Winner for Feature Film Score of the Year), **The Lost Aviator**, **The Hunter** and **Not Suitable for Children** (both of which earned him AACTA Awards for Best Score for a Feature Film).

ASCAP Screen Music Awards honoured Matteo as a top composer in 2016.

In addition to his film work, Matteo has worked on the Australian launch of Netflix, Samsung and Tiger Beer campaigns, and has also composed music for TV series including **Redfern Now**, **Better Man**, **DNA Nation**, **First Contact Series 2**, **Filthy Rich and Homeless** and **Devil's Dust**.



ANGELA LITTLE – Composer

Angela Little is a screen composer and vocalist from Sydney Australia, whose recent projects include AACTA-nominated feature documentary **Zach's Ceremony**, which also won the Audience Award for Best Documentary at both Sydney and Melbourne International Film Festivals.

Angela has contributed to numerous other feature projects, including horror film **The Clinic**, Baz Luhrman's **Australia** on which was nominated for an AFI Award for her contribution to the score as composer of additional music, and Alex Proyas' **Gods of Egypt**, on which Angela performed as a vocal soloist for Oscar-nominated composer Marco Beltrami.

ABOUT BLACKFELLA FILMS

For over twenty years Blackfella Films has created innovative and high quality content across factual and drama in both series and feature formats for theatrical, television and online platforms. Its award winning productions have screened at the premier international film festivals including Sundance, Berlin and Toronto, and distinguished its team as creators and curators of distinctive Australian content.

The company was founded in 1992 by writer/director/producer Rachel Perkins who was joined by producer Darren Dale in 2001. In 2010 Blackfella Films was a recipient of Enterprise funding from Screen Australia and former ABC Television Head of Drama Miranda Dear joined Blackfella Films as a producer with a brief to develop the company's drama slate. In 2011 Rachel Perkins and Darren Dale as directors of Blackfella Films were ranked number 16 in the Encore Power 50. In 2013 producer Jacob Hickey was appointed Head of Factual, based in the company's Melbourne office.

A standout achievement for the company was the award-winning 7 part documentary series **First Australians**. The landmark multi-platform history series, broadcast on SBS Television to over 2.3 million viewers, was accompanied by an internationally acclaimed interactive website. **First Australians** was awarded Australia's top honours for documentary including the Australian Film Institute (AFI) and IF Awards, the UN Media Peace Prize, TV Week Logie and Australian Writers and Directors Guild Awards. First Australians has sold throughout the world, and is the highest selling educational title in Australia.

The feature documentary **The Tall Man**, produced by Darren Dale with executive producer Rachel Perkins and directed by Tony Krawitz, received the inaugural Walkley Award for Documentary and was nominated for four Australian Academy of Cinema and Television Arts (AACTA) Awards including Best Feature Documentary. It screened at the Toronto Film Festival in 2011, was released in cinemas nationally by Hopscotch/eOne, and broadcast on SBS Television in 2012.

The Tall Man was followed by the telemovie Mabo for ABC1, produced by Darren Dale and Miranda Dear and directed by Rachel Perkins, featuring Jimi Bani as Eddie Koiki Mabo and Deborah Mailman as his wife Bonita. It was broadcast on ABC1 in June 2012 to mark the 20th anniversary of the landmark High Court decision on native title. Among numerous accolades, writer Sue Smith received the 2012 AWGIE for Best Original Telemovie Screenplay and Deborah Mailman received the 2013 TV Week Logie Award for Most Outstanding Actress.

In 2012 Blackfella Films also completed production on the groundbreaking 6 x 1 hour ABC drama series **Redfern Now**, developed in collaboration with renowned UK scriptwriter Jimmy McGovern as Story Producer. The series was the first Australian drama series written, directed and produced by Indigenous Australians, and was invited to participate in both the FIPA and Series Mania television festivals in 2013. A further series of 6 x 1 hour episodes was produced in 2013, and the final telemovie instalment was broadcast in 2015.

Redfern Now has received an extraordinary level of critical and popular acclaim, including the 2013 and 2014 TV Week Logie Award for Most Outstanding Drama Series and the 2014 AACTA Award for Best Television Drama Series. In 2013 writer Steven McGregor received the AACTA Award for Best Screenplay in Television and Leah Purcell received the AACTA Award for Best Lead Actress in a Television Drama, and in 2014 composer Antony Partos received the AACTA Award for Best Original Music Score in Television. Director Rachel Perkins also received Australian Directors Guild (ADG) Awards for Best Direction in a TV Drama Series in consecutive years in 2013 and 2014 for her work on the series, and again in 2016 for the telemovie **Redfern Now: Promise Me.**

In 2014 Blackfella Films produced the 3 x 1 hour factual series **First Contact** for SBS which won the 2015 TV Week Logie Award for Most Outstanding Factual Program. The series garnered national attention and acclaim for its treatment of contemporary Australian attitudes towards Indigenous Australians.

The 14 x half hour teen drama series for ABC3 **Ready For This**, a co-production with award winning Dance Academy producer Joanna Werner, received the 2015 AACTA Award for Best Children's Television Series and the 2016 TV Week Logie Award for Most Outstanding Children's Program.

Broadcast on SBS in 2016 were the 3×1 hour big science series **DNA Nation** featuring Ian Thorpe, Ernie Dingo and Julia Zemiro, and a second 3×1 hour series of the acclaimed **First Contact.**

Also for SBS in 2016, Blackfella Films produced the major multiplatform event **Deep Water**. It comprised a 4 x 1 hour crime drama series starring Noah Taylor and Yael Stone which has sold worldwide including to the BBC, Netflix, SundanceTV/AMC and Acorn, the feature documentary **Deep Water: The Real Story** which investigates the events that inspired the drama series, and complementary online programming. **Deep Water: The Real Story** received top honours at the 2018 NSW Premier's Literary Awards, sharing the Betty Roland Prize for Scriptwriting with Top of the Lake.

1n 2017 SBS broadcast **Filthy Rich & Homeless**, a major 3 x 1 hour factual series for SBS exploring homelessness in Australia. The feature documentary **In My Own Words**, which celebrates the success of an Indigenous adult literacy program in outback New South Wales, screened at the Sydney Film Festival and was nominated for the Documentary Australia Foundation Award for Australian Documentary ahead of its broadcast on SBS and NITV.

Currently in post production is a further series of **Filthy Rich and Homeless** that will be broadcast on SBS in 2018.

Blackfella Films has an extensive slate of television drama, factual programming and feature films in development, including **Grand Days**, the television adaptation of Frank Moorhouse's award winning 'Edith Trilogy' of novels for Foxtel.

EPISODE 1

How 'Mad' Are You?

END CREDITS EPISODE ONE DOMESTIC VERSION: total duration 30 secs

Full frame

With thanks to KATHERINE ANDERSON MARY CHETCUTI SHARON CHISHOLM NAT CREWE MITCH DOYLE ANDY GRAY BREE MOREL CAMERON SOLNORDAL LISA TRAN JAMES RAY YOUNAN

and

MIKEY ROBINS

Full Frame

Host

DR STEVE ELLEN

Panel

PROFESSOR TIM CAREY

PROFESSOR JAYASHRI KULKARNI

JAN MACINTIRE

Full Frame

Narrator

JUDY DAVIS



Composers

MATTEO ZINGALES

ANGELA LITTLE

7 Directors of Photography	
	JUSTIN BRICKLE
	DANIEL GALLAGHER
Camera Assistant	SCOTT LANGMAN
Drone Operator	TONY DRIVER
Drone Assistant	SHANNON REDDAWAY
Sound Recordists	JARROD OTTEN
	STEVEN BOND
	BRETT COCKING
Gaffers	RICHARD TURTON
	KABIR SINGH
Best Boy	ANDREW HECHENBERGER
8	
Casting	EMILY GARDNER
	SCOTT ELLIS
Production Coordinator	CASEY BRAY
Production Assistant	BIANCA MALCOLM
Production Runners	JONATHAN GRACE
	WILL EWING
Location Manager	HUGO CRAN
-	
Props Buyer/Standby	ROCHELLE YOUNG
Wardrobe	KATHERINE MILNE
Construction	DAVID JACKSON
Graphics	OLIVIA PULBROOK

Production Accountant	ERINNE FONG
Still Photographers	JACKSON FINTER GINA MILICIA
Location Runners	ARCHIE SIMMONS MIKHAELA GREGORY NATASHA MIKULIC TESS HUTSON
Post Production Coordinator Post Production Consultant	BONNIE FAULKNER JANE MAGUIRE
Assembly Editors	BONNIE FAULKNER SALLY BIASIUTTI
Data Wrangler	NICHOLAS WHELAN
Sound Post Production	SONAR SOUND WES CHEW & LUKE MYNOTT
Sound Supervisor	WES CHEW
Re-recording Mixer	IAN McLOUGHLIN
Dialogue & FX Editor	DYLAN BARFIELD
Narration Recordist	JULIAN WESSELS
Sound Assistant	TANIA VLASSOVA
Sound Coordinator	CANDACE WISE
Music Recorded and Mixed at	SONAR MUSIC
Music Producer	SOPHIE HAYDON

10

Post Production Facility CUTTING EDGE

Post Production Producer

STEWART DEAN

HOW 'MAD' ARE YOU? $\ensuremath{\mathbb O}$ 2018 Blackfella Films Pty Ltd and Special Broadcasting Service Corporation

Head of Post Production	MARCUS BOLTON
Colourist	DWAINE HYDE
Online Editor	JO SPILLANE
Media Supervisor	JOHN WARNEKE
Media Operators	RORY REA
	DANIEL SCOTT
Title Design & Graphics	FINN SPENCER
Post Production Script	REEZY MILLER SCRIPT SERVICES
12 Legal	VERGE WHITFORD & CO, CAROLINE VERGE
Insurance Broker Risk Assessment	QUATTRO RISK INSURANCE, DAVID MANSLEY PAUL HART
Travel Services	IN TRAVEL GROUP PTY LTD
Camera & Lenses Supplied by	LEMAC FILM & DIGITAL
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For BLACK	(FELLA FILMS
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Business Affairs	HELEN LOVELOCK
Financial Controller	LEAH HALL
Office Manager	HANNAH SMITH
14	r SBS
Head of Documentaries	JOSEPH MAXWELL
Business Affairs Manager	SOPHIE COOKE
Production Supervisor	HEATHER OXENHAM
Production Coordinator	JULIA TAMPLENIZZA
HOW 'MAD' A	RE YOU? 35

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NICOLE CHOOLUN

Codes THERESE IVERACH

For SCREEN AUSTRALIA

Investment Manager MIRANDA CULLEY

FORMAT DEVISED BY THE BBC

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PEARSON AUSTRALIA

PROFESSOR PETER KINDERMAN – UNIVERSITY OF LIVERPOOL

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MULTI-HEALTH SYSTEMS INC.

THE PIG & WHISTLE

VINNY SANDHU - OMG GAMING & ENTERTAINMENT

ROBYN TREWHELLA and THOMAS VIESER

MMPI Supervisors

CHRIS JOZWIAK CHRIS WHYTE

ERIC TRIGG HAYLEY KENDALL

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How 'Mad' Are You?

END CREDITS EPISODE TWO DOMESTIC VERSION: total duration 30 secs

Full frame

With thanks to KATHERINE ANDERSON MARY CHETCUTI SHARON CHISHOLM NAT CREWE MITCH DOYLE ANDY GRAY BREE MOREL

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Panel

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PROFESSOR JAYASHRI KULKARNI

JAN MACINTIRE

Full Frame

Narrator

JUDY DAVIS

4 Full Frame

Producer

Series Producer & Writer

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5

Consultant Psychologist

DR SIMON KINSELLA

Consultant Psychiatrist

DR MARK CROSS

Consultant Clinical Neuropsychologist

DR DANA WONG

Senior Lecturer in Clinical Neuropsychology,

La Trobe University

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Story Producer	AGNES TEEK
Location Directors	DAVID GRUSOVIN NAOMI ELKIN-JONES
Director of Photography	MARDEN DEAN
Production Designer	JO BRISCOE
Production Manager	MEGAN NASS
Shooter Producers	MIKE POLSON VAUGHAN DAGNELL
Composers	MATTEO ZINGALES ANGELA LITTLE

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Casting Production Coordinator	
	SCOTT ELLIS
Production Coordinator	SCOTT ELLIS CASEY BRAY
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Production Accountant

ERINNE FONG

Still Photographers

JACKSON FINTER

HOW 'MAD' ARE YOU? © 2018 Blackfella Films Pty Ltd and Special Broadcasting Service Corporation Location Runners

ARCHIE SIMMONS MIKHAELA GREGORY NATASHA MIKULIC

TESS HUTSON

10

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Post Production Coordinator	BONNIE FAULKNER
Post Production Consultant	JANE MAGUIRE
Assembly Editors	BONNIE FAULKNER
	SALLY BIASIUTTI
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Business Affairs

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46

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