



blackfella films

Addicted

A U S T R A L I A

PRESS KIT

PRODUCTION CONTACT

Blackfella Films

Darren Dale & Jacob Hickey

Tel: +61 2 9380 4000

Email: info@blackfellafilms.com.au

www.blackfellafilms.com.au

ADDICTED AUSTRALIA

@ 2020 Blackfella Films Pty Ltd, Special Broadcasting Service Corporation, Screen Australia

PRODUCTION NOTES

Pre-presentation credit (CARD 0)

AN SBS ORIGINAL

Opening Credits (CARD 2)

SCREEN AUSTRALIA PRESENTS

Opening Credits (CARD 3)

IN ASSOCIATION WITH FILM VICTORIA

Opening Credits (CARD 4)

A BLACKFELLA FILMS PRODUCTION

Opening Credits (TITLE)

ADDICTED AUSTRALIA

Producer	Darren Dale
Series Producer & Writer	Jacob Hickey
Series Director	Jacob Hickey
DOP	Aaron Smith
Editors	Steven Robinson, ASE Mark Atkin, ASE
Composer	Matteo Zingales
Shooter Directors	Tamara Bodenham Vincent Lamberti Ben Pederick Aaron Smith
Production Company	Blackfella Films Pty Ltd
Genre	Documentary Series
Language	English
Aspect Ratio	16 x 9
Durations	EP 1: 00:56:39:00 EP 2: 00:55:59:00 EP 3: 00:54:22:00 EP 4: 00:55:35:00
Sound	Stereo
Shooting Gauges / Cameras	Canon EOS C300 MKii, GoPro

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LOGLINE

Extraordinary access to the lives of ten Australians and their families, as they sign up to a unique six-month treatment program and confront their addictions head on.

ONE PARAGRAPH SYNOPSIS

1 in 5 Australians will have a problem with alcohol, drugs or gambling at some point in their lives.¹

For 6 months we were given extraordinary access to 10 Australians and their families as they battled addiction.

Signed up to a unique six-month treatment program, we follow their heart-wrenching journey from despair to hope and possible recovery.

SERIES SYNOPSIS

1 in 5 Australians will have a problem with alcohol, drugs or gambling at some point in their lives.²

For 6 months we were given extraordinary access to 10 Australians and their families as they battled addiction.

Signed up to a unique six-month treatment program, we follow their heart wrenching journey from despair to hope and possible recovery.

Addicted Australia is a television first.

Blackfella Films invited Turning Point (part of Victoria's Eastern Health network), a national research & addiction centre in Melbourne, to devise a six month treatment program for a group of Australians determined to tackle their addictions.

In a national system so bereft of structure and integration, this program is designed to provide holistic and bespoke care for each individual.

The program delivered by Turning Point is broad and varied, comprising one or more of the following depending on individual requirements: Detox and short stay rehab, medical support, one on one psychiatric and psychological counselling, group peer support, family support and social worker care.

In the Peer Support meetings, similar to the model followed by organisations such as Alcoholics Anonymous, we see the participants share their experiences in a group setting. This is access rarely, if ever, seen on television. And uniquely, the participants are each dealing with different forms of addiction. Drugs, alcohol and gambling. All are openly discussed.

By creating this space, the stigma and stereotype of addiction is reduced. We humanise those that have fallen to their vice and are desperate to escape it. We reveal and interrogate the trauma they have faced; the reasons for their addictions. And we show what treatment can look like to encourage others to seek help.

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We see the participants in their everyday environments, including home and work. And witness firsthand the reality of the recovery journey; the highs and the lows.

This is also a story about families caught up in the heartbreak of the addiction cycle. The treatment program provides them with their own unique group run by SHARC (Self Help Addiction Resource Centre). The chance to meet, talk and seek out one another for support.

A team of professional staff, with years of specialist experience, run the treatment program. They oversee the six months of care, in line with the latest thinking and research around rehabilitating the many thousands of Australians battling addiction.

They're hoping that this treatment program will not only help the participants, but also be a catalyst for systemic change. Succeed here, and Australia could shift its approach to dealing with the addiction crisis.

The ten participants are all at different starting points on their journey. Some in a state of abstinence hoping to sustain their recovery, others attempting to manage their addiction. For some they see this as their 'final chance' after years of failed treatment. For others, this is the first time they've put up their hand and finally asked for help. Their pathways to recovery over six months are richly varied and nuanced, with the narrative reflecting the myriad of possibilities.

We follow them all.

And there's hope for Australia too... Hope that as a nation we start to accept responsibility for the sake of us all. That we act to tackle one of the greatest challenges the nation faces.

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ADDICTED AUSTRALIA - EPISODE ONE SYNOPSIS

One Line

The ten participants are assessed and the unique six-month treatment program begins.

One Para

The treatment program begins. The ten participants must be physically and psychologically examined by the Turning Point team to determine the bespoke care they need.

Sarah's lived with her mum for the past two years. Having spent more than \$200,000 on drugs, she's now forced to sell her possessions online.

The Turning Point team has decided former store manager Ruben needs to go to detox for 7 days to help treat his heroin addiction.

And at the first peer support group, the group meets for the first time. Tensions soon run high between an intoxicated Matthew and a sober Jess, before an emotional Heidi tells the group her secret.

Outline

Week 1. The ten participants must be physically and psychologically examined by the Turning Point team to determine the bespoke care they need.

Matthew's appointment is at 0900. The same time he starts drinking his daily bottle of whisky. That's been the routine for around ten years, but the professional chef has decided it's time for change.

Sarah's lived with her mum for the past two years. Having spent more than \$200,000 on drugs, she's now forced to sell her possessions online. Life wasn't always like this for the now 41-year-old student. She was once married, living in a large house and dreaming of starting a family. But when that dream was crushed, Sarah became deeply depressed and turned to 'ice'.

The participants are all at different stages of addiction and recovery. 26-year-old student and waitress Jess left detox and short stay rehab 4 weeks ago. But given that up to 60% of people relapse after treatment³, she knows she needs this program badly.

Week 2. At least once a week, the participants will be offered consultations with a team of psychiatrists and psychologists. Today's Heidi's first psychology appointment, the start of the 31-year-old student administrator talking about a problem she's kept secret from family and friends for years.

Australians are the biggest gambling losers in the world. On average we each lose more than \$1,200 every year.⁴ And for IT support analyst Lucas, every day is his Melbourne Cup. The son of a mother who once had a gambling problem, he's lost hundreds of thousands of dollars over the past 9 years. But he's had enough.

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A former store manager, Ruben has used heroin for more than 20 years and attempted treatment 5 times before. His sister Dianne and mother Dora think this is his last chance, and if he doesn't change soon he could die.

The Turning Point team has decided Ruben needs to go to detox for 7 days.

Week 4. Every week, the participants will come together as a group to share and support one another. This is their first meeting and tensions soon run high between an intoxicated Matthew and a sober Jess before an emotional Heidi tells the group her secret.

Over in detox Ruben's struggling and reveals his deeply traumatic past.

But after being persuaded to stay in hospital by his sister Dianne and mum Dora, it's not long before he's showing signs of recovery and dreaming of being 'normal' again.

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ADDICTED AUSTRALIA - EPISODE TWO SYNOPSIS

One Line

As Christmas approaches, the treatment program steps up and the participants attempt to deal with their issues.

One Para

December 2019. Week 6 of the treatment program.

Retired executive assistant Dawn is booked into detox in a few weeks' time. The 62-year-old is hoping to break the habit of almost half a century of drinking.

Unemployed labourer Steven managed to get himself off using 'ice' with no treatment but hasn't been able to beat the booze. His mum Suzie organises an alcohol-free party for Steven's 35th birthday.

IT support analyst Lucas has gambled every pay day for the past 9 years. Psychologist Anna is on hand to offer some strategies he might use to avoid losing his wages this month.

As Christmas approaches chef Matthew heads to detox. And a distressed Sarah runs out of money to buy drugs. Her mum June tries to track down a doctor who can prescribe Valium.

Outline

December 2019. Week 6 of the treatment program.

Retired executive assistant Dawn is continuing her counselling sessions at Turning Point. The 62-year-old is booked into detox in a few weeks' time, hoping to break the habit of almost half a century of drinking.

Meanwhile Sarah, Heidi and Lucas reveal their continuing struggles at their counselling sessions. For Professor Dan Lubman, the Executive Clinical Director of Turning Point, the group is facing all the usual challenges that those living with addiction deal with every day.

1 Australian dies every 90 minutes from an alcohol attributed disease.⁵ And more than four million drink at levels that risk disease or injury.⁶ Unemployed labourer Steven managed to get himself off using 'ice' with no treatment but hasn't been able to kick the booze. He drinks from the time he gets up to the time he goes to bed. His mum Suzie has watched a hard-working, funny and intelligent son descend into alcoholic despair.

Today is Steven's third psychology session at Turning Point. As ever he's dropped off by his dad Marcel, who is worried that, unless something changes soon, his son could lose his life.

Every week the ten participants come together as a group to share and support one another. In this week's meeting the topic is 'favourite things'. Unfortunately for Sarah, as much as she's trying for it not to be, that's still drugs. And for secret drinker Heidi, the reality of openly discussing addiction is a new and emotional challenge.

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Steven's 35th birthday party. His mum Suzie has organised an alcohol-free gathering at her house. Steven abides by the rules. A 'small victory' for Suzie.

Ruben left detox 9 days ago. He's been taking medication daily to reduce heroin cravings. And is now being offered a new, 'game-changing', once a month injection. But after more than 20 years of using, the reality of giving up heroin 'forever' is a confronting experience.

The treatment program is also offering group meetings for the families. They're being run by SHARC (Self Help Addiction Resource Centre). For Steven's parents, Suzie and Marcel; Sarah's mum, June; and Ruben's mum and sister, Dora and Dianne; it's a chance to share and support one another. And an opportunity for therapist Angela Ireland to try and convince them all to look after themselves as much as their loved ones.

IT support analyst Lucas has gambled every pay day for the past 9 years. He gets paid in two days' time. Psychologist Anna is on hand to offer some strategies he might use to avoid losing his wages this month.

Week 7 of the treatment program. More than 130,000 Australians are treated for alcohol or drug addiction every year⁷.

This is Matthew's first time in detox. The professional chef has drunk for the past 16 years. In the last decade, that's a bottle of whisky a day, every day, starting at 9.00 sharp each morning. Today's different. He's poured himself a glass by 6.30. By the time he reaches the hospital he's not sure if he wants to go inside.

Lucas reveals to psychologist Anna that he gambled on pay day and lost \$1,500. But he's staying positive. As is Matthew who, 24 hours into detox, is suffering no withdrawals and has no thoughts of wanting to drink.

As Christmas approaches, the Turning Point team step up their counselling sessions. Heidi seeks advice about how to get through the festive period with her family who have no idea about her problem. And there's surprising news for psychologist Anna, as Dawn reveals that she's managed to stop drinking for the past week.

Meanwhile a distressed Sarah has run out of money to buy drugs. And her mum June is trying to find a doctor who can prescribe Valium to reduce her daughter's cravings.

Dawn continues her sobriety, swapping years of Yuletide drinking for home alone sessions of soda water.

Matthew left detox six days ago, and with no cravings to speak of he's positive about the future. "No drinks yet. Maybe ever..."

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ADDICTED AUSTRALIA - EPISODE THREE SYNOPSIS

One Line

The treatment program has reached its halfway point and the participants continue to grapple with their addictions and underlying trauma

One Para

January 2020. The treatment program has reached its halfway point and the participants continue to grapple with their addictions and underlying trauma.

Heidi is still in the grip of alcoholism and is booked into a five-day detox and a week in short-stay rehab.

Keegan's not engaging fully with the treatment program. And as the Turning Point team assess how to move forward, he reveals a life of trauma and history of substance abuse.

Matthew remains abstinent, and with the money he's saved from drinking whisky has bought a boat. Dawn relapsed over Christmas and is also starting detox. Meanwhile, despite recently improving and beginning a new TAFE course, Sarah's struggling and things take a dramatic turn for the worst.

Outline

January 2020. The treatment program has reached its halfway point.

Heidi is still in the grip of alcoholism and the Turning Point team has booked her into a five-day detox and a week in their short-stay rehab unit. The student administrator goes into hospital this morning and is battling whether she arrives sober or after drinking for breakfast.

All the participants in the program are receiving treatment specific to their needs and determined by their stage of recovery. All are continuing their individual counselling with a team of psychiatrists and psychologists.

As Turning Point's Executive Clinical Director Professor Dan Lubman explains, quick fixes in terms of addiction are a rarity.

Welcomed into detox, Heidi is shocked to discover that her alcohol levels mean that she's not sober even when she sleeps at night.

The participants continue to meet every week. At their first peer support group session of the new year they discuss how they fared over Christmas. And then delve deep into discussions around whether addiction is something that people are born with or develop because of their environment.

Farmhand and musician Keegan has been taking medication to treat heroin addiction, but is not engaging fully with the rest of the treatment program. As the Turning Point team assess how to move forward, he reveals a life of trauma and history of substance abuse.

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Dawn relapsed over Christmas and is also starting a 5-day detox. The retired executive assistant suffers from various other health issues including multiple sclerosis and epilepsy. As she's admitted to detox, an assessment reveals a worryingly low heart rate.

Heidi is being transferred to short-stay rehab for the next week with a priority to put herself first. Dawn's now stable and has been taken to the cardiac unit for treatment. According to Fergal Armstrong, an Addiction Medicine Senior Registrar, she's lucky. Had she not been in hospital, he believes Dawn could have met with a grim fate.

33-year-old chef Matthew has spent the past decade drinking a bottle of whisky a day. He's now been sober since leaving detox 6 weeks ago. With the money he's saved from alcohol, he's bought a \$2,500 boat.

Things are not working out as well for Steven. The unemployed labourer's drinking has remained constant since the treatment program began. At the peer support group, the other participants and Peer Worker, Craig, try to persuade Steven to consider detox. But he remains unconvinced.

On average at least one Australian a day takes their own life because of gambling.⁸ IT support analyst Lucas has suffered from a chronic problem for the past decade. He's gambled every pay day since the treatment program began.

As well as intense counselling, the Turning Point team has also prescribed Lucas medication for the first time to help reduce his cravings. Battling his impulses, Lucas forces himself to walk a different route to work to avoid passing TABs.

Heidi's completed her 5 days in detox and a week in short-stay rehab. Back home she's feeling confident but not absolutely convinced that she won't drink again.

41-year-old Sarah's signed up to a Diploma in Community Services. She's reduced her use of 'ice' and the drug GHB. Her Mum June is proud of her, and hopes that the course is the positive step she needs to take.

Week 16. The treatment program has 10 weeks to go.

Dawn's returned home from hospital after being fitted with a pacemaker to regulate her heart. She hasn't had a drink for almost 5 weeks. Keegan's re-engaged with the treatment program. And Lucas didn't gamble on pay day for the first time.

Sarah reveals her long life of trauma and struggles with self-esteem. In her counselling session with Professor Lubman, she opens up about her recent risky behaviour with drugs and men.

Dawn's been home from hospital for 3 days but has collapsed in the hallway outside her apartment. The paramedics arrive and take her to the emergency department. She admits to having a relapse and is drinking again.

Sarah made it to Orientation Day to start her course, but is increasingly struggling with a lack of self-worth and esteem issues.

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Three days later her mum June finds Sarah unconscious at home, appearing to have taken an overdose. After 24 hours in hospital, Sarah is eventually well enough to re-join the treatment program. Professor Lubman knows that right now the only thing to do is to support her and stay positive about the important progress she's made.

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ADDICTED AUSTRALIA - EPISODE FOUR SYNOPSIS

One Line

February – 2020. The treatment program has 9 weeks to go.

One Para

February – 2020. The treatment program has 9 weeks to go.

Heidi's been sober since leaving short-stay rehab. But she still hasn't told friends or family about her problem. An emotional Ruben reflects on his heroin addiction and relationship with his son. And with just three weeks until she becomes a grandmother, Dawn is fighting to get her drinking under control.

Melbourne faces a COVID-19 lockdown as the global pandemic accelerates, and the Turning Point team call a crisis meeting to keep the treatment program on track.

And then, six months later, we discover surprising revelations about how the lives of the participants have changed.

Outline

February – 2020. The treatment program has 9 weeks to go.

32 year old Heidi's been sober since leaving short-stay rehab, 3 weeks ago. But she still hasn't told friends or family about her problem and she can feel herself slipping back towards addiction.

Counselling sessions are continuing and treatment has escalated to include the Turning Point team visiting participants. Professor Dan Lubman is delighted with the commitment of the group and at pains to point out that if they were running a treatment program for diabetes, or stroke, or heart disease, the expectation wouldn't be that everybody could be quickly fixed.

Ruben's still dealing with chronic health conditions and struggling to keep up with monthly injection treatment to reduce his heroin use. His mum Dora, is exasperated as to why he's finding it difficult to attend appointments and Ruben's 18 year old son Alejandro has some anger that his father is unable to beat his addiction.

The Turning Point team step in to bring an emotional Ruben to appointments. And Dr Shalini Arunogiri explains that for anyone who's been using heroin for 20 years, stopping is a huge challenge.

A few weeks ago, 41 year old student Sarah overdosed and was found unconscious by her mum, June. Since then Sarah's managed to reduce her drug use and her thoughts have turned to the pain endured by her mum. Turning Point has invited the pair to a joint counselling session.

Up to 60% of people relapse after detox and rehab⁹ and both Heidi and chef Matthew have started drinking again. But as Professor Lubman explains, relapse is part of recovery and 'the critical thing is to have the courage and resilience to get up and keep on going.'

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The treatment program has 7 weeks to go.

After her relapse, Heidi's managing not to drink on most days. But her sobriety is opening up other serious issues with her mental health.

After leaving detox and being fitted with a pacemaker for a heart condition, Dawn relapsed. She's also injured her foot in a fall. Her grandchild is due to be born in just three weeks' time and the teary 62 year old says she's fighting to reduce her drinking one day at a time.

Since the program began 5 months ago, the group has received more than 1,000 hours of treatment and counselling. Sarah's a few weeks into her Diploma of Community Services and is reducing her drug use. Heidi's being supported through intensive counselling. Matthew's started new medication and is not drinking. After an adverse reaction, 38 year old IT analyst Lucas immediately stopped taking medication designed to reduce his cravings to gamble. And Dawn is being offered tele-health sessions until her foot heals.

March 2020, and Melbourne faces a COVID-19 lockdown. The Turning Point team call a crisis meeting. The treatment program will continue remotely and online.

It's the final week of the treatment program and at the last peer support group meeting the participants reflect on the past six months. For Lucas this has been the community he's never had. Meanwhile, in lockdown, Heidi's struggling and still hasn't told family or friends about her alcohol addiction.

October 2020.

After the treatment program ended six months ago, the participants continued to receive support from Turning Point.

With regular injections helping Ruben reduce his heroin use, his chronic health conditions have also improved. Sarah is about to complete the first year of her Diploma in Community Services.

Matthew attempted to drink in moderation but after further relapses, he's decided to stop completely. He's been sober for 8 weeks.

12 months ago Lucas was losing at least \$3,000 a month gambling. He now bets occasionally and keeps almost all of his pay packet.

Dawn's become a grandmother for the first time and has reduced her drinking from two to three bottles of wine a night to one a week.

Heidi's continued to struggle with her drinking but is currently sober. For 5 years she kept her addiction a secret, but has finally told her mum and now believes all of us need to be more honest about this problem:

"As a society we don't want to talk about addiction, why, why are we not doing this? What is there to be ashamed of, because I can promise you, that you know someone who has an addiction and we need to talk about it."

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ADDICTED AUSTRALIA – THE BACKGROUND

PRODUCER STATEMENT

Addicted Australia is a television first.

In a bold, revelatory and inspiring factual series we shine a light on Australia's addiction problem in the most powerful and deeply personal way.

Addiction is colour blind, not bound by gender or sexuality. It permeates all aspects of society, and all the peoples that make up this diverse nation. 'Addicts' are all somebody's father, son, brother, mother, daughter, sister.

This is a story about us all.

Never before has such access been granted to what is normally a closed environment. By opening up this space, we want to inspire debate, provoke a national conversation and reduce stigma and stereotype. Humanising those that have fallen to their vice and are desperate to escape it.

We know that it can take people years to come to terms with their problem and ask for help. By showing what addiction and good treatment can look like, the series encourages others to put up their hand and seek support.

As with all of Blackfella Films' productions, *Addicted Australia* aspires to be a series that embodies the highest quality standards of factual television and documentary film-making.

This quality threshold spans various areas. From the all-important storytelling to the high-end production values, through to the emphasis we place on stringent duty of care protocols. All result in a production that we hope resonates with contemporary audiences in Australia and globally.

The four-part series lays bare the challenges faced by families and their loved ones who are all searching for a different life. The emotional threads drawn out across the days, weeks and months.

And there's hope too...Hope that by journey's end, the despair for the ten participants can give way to the possibility of a new beginning.

Hope that a national conversation begins, stereotype and stigma are challenged and we all start to accept responsibility for one of the greatest challenges Australian society has ever faced.

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PARTICIPANT BIOGRAPHIES



DAWN

Dawn started drinking aged 13. Now 62, the retired executive assistant wants to stop. But after almost half a century that's easier said than done.

Dawn's mother, herself a heavy drinker, introduced Dawn to alcohol. And the drinking culture of Australia and England, where Dawn worked for a time, was also crucial in forming a habit that is now hard to break. More recent traumas including relationship breakdowns and a range of other health issues, including multiple sclerosis and epilepsy, have only further exacerbated Dawn's problems.

Soon to become a grandmother for the first time, Dawn's fearful her daughter may not allow her to be involved in caring for the child if she's still drinking. She's never been more motivated to get well.



MATTHEW

At just after 4am most mornings, 33-year-old Matthew drives to work to start his shift as a baker and chef.

Every morning at precisely 9am, he pours his first drink and by that same evening he will have drunk at least one full bottle of whisky.

Matthew has been consistently drinking at this level for around ten years. But he's had enough and wants to stop. He's increasingly concerned about the health risks as well as the financial cost of spending approximately \$15,000 a year on alcohol.

By his own admission, Matthew prefers his own company and rarely socialises. It was only when he saw an advertisement for the treatment program that he made the decision that it was time to change.

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JESS

26-year-old student and waitress Jess comes from a loving family and a stable home. She appears to challenge the thinking that addiction stems from obvious trauma.

But Jess' struggle with an eating disorder provided the grounding for her alcohol addiction to take hold and she found herself at rock bottom, unable to stop.

All the participants in the treatment program are at different stages of addiction and recovery. Jess joins the program having recently completed a week-long detox and short stay rehab. She's well aware, that as for so many, maintaining sobriety is one of the toughest challenges of all.



SARAH

For the past few years, Sarah has been smoking crystal methamphetamine ('ice').

Life wasn't always like this. The 41-year-old once lived in a property worth around two million dollars. She was married and had dreams of starting a family.

But after seven rounds of failed IVF treatment, that dream was lost. Sarah's marriage began to fall apart, and she entered into a deep depression. It was the latest in a long line of trauma that stretches back to Sarah's childhood. Suicidal and seeing no way out, as a last resort Sarah turned to 'ice' to help overcome her despair.

Now living with her mum June in Melbourne's suburbs, the pair are determined to end the cycle. Sarah has recently signed up for a Diploma in Community Services. She's not only committed to getting well herself but also passionate about eventually helping others who have suffered similar problems.

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JACOB

Jacob can barely recall a time when drugs haven't been a part of his life. It's something familiar to his family and a path that Jacob feels he inevitably took.

Eventually addicted to 'ice' and heroin, the 25-year-old ended up homeless and turned to crime to fund his habit.

Detox is not a new experience for Jacob but having recently completed a stint in short stay rehab for the first time, he's determined to change his ways.

The qualified chef has aspirations to open his own café, start a family and begin a new life. In his own words, the only other options are "dead or jail".



KEEGAN

Keegan's various life traumas stretch back to childhood. But in more recent times have include a relationship breakdown, a failed business and the death of his mother.

The 30-year-old has used heroin for the past 18 months. And although he's recently started medication that's helped him quit, Keegan knows that he's vulnerable and could easily fall back. He also acknowledges that other substances including alcohol and prescription drugs could be an issue.

Now working as a farmhand at a horse agistment property and continuing to pursue his love of music, Keegan hopes that this treatment program puts him on the right track to pursue a life free of drugs.

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HEIDI

Heidi starts drinking first thing in the morning. And by the end of the week will have consumed around 80 standard drinks.

But nobody knows.

For the past five years, the 31-year-old student administrator and performing artist has kept her problem a secret, concealing her drinking from friends, family and colleagues.

Now concerned for her long term physical and mental well-being, Heidi wants to begin finding help towards a different path, one that will allow her to be more open and honest, and to live a life free from addiction.



STEVEN

An Anglo-Indian, Steven has succumbed to addiction for his entire adult life.

It used to be 'ice' and marijuana, now it's alcohol. A bottle of whisky a day, or port, beer and wine, if he can't afford spirits.

The unemployed labourer lives with his dad, Marcel, who is committed to taking Steven to treatment. He's also willing to attend a family support group with ex-wife Suzie, second son Shannon and relatives of the other participants, who are all working out ways to help their loved ones and themselves get through the addiction journey.

Steven managed to stop using 'ice' and marijuana, but alcohol is proving harder still. He wants to drink in moderation 'at the right times' and sees this treatment program as the way to achieve that goal.

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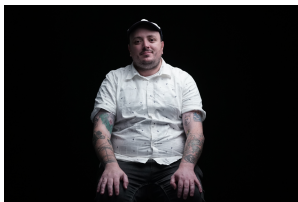
RUBEN

The first thing Ruben's Argentinian mum does each morning is check that her son is still alive.

For more than 20 years, the 48-year-old has used heroin. For the vast majority of that time, Ruben was a 'high functioning' user, working six days a week and enjoying time with his son. But for the past six or so years, his use has become uncontrollable.

Ruben's addiction escalated after he was the victim of a vicious armed robbery while working as a store manager. Suffering from acute PTSD and unable to return to work, he found some solace in drugs.

He's already attempted treatment five times previously, but now living with his mum and sister the family are determined that this is the time Ruben finally finds a way to stop. His 18-year-old son is a further motivation to begin a new life.



LUCAS

Every pay day for 9 years, Lucas has gambled away his wages.

The 38-year-old IT support analyst doesn't bet to win, but to lose. It's the only time the anxiety ebbs away and he can try and face life.

He's tried to self-exclude from venues and online betting sites. But he believes the system is designed to entrap people like him in a vicious cycle.

The son of a mother who also had a gambling problem, Lucas has now reached a point where he fears becoming homeless, losing contact with his children and having nothing left.

Finally, he has the opportunity to commit to a treatment program that is taking a holistic approach and is there to support him for the long term.

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SOME FACTS AND STATS...

Alcohol

1 in 6 (17%) Australians consume alcohol at levels placing them at lifetime risk of an alcohol-related disease or injury¹⁰

Only 1 in 4 people with an alcohol or drug problem seek help. The average time for someone with alcohol dependence to seek help is 18 years.¹¹

In 2016-17 the most common principal drugs that led clients to seek treatment were: alcohol (32%), amphetamines (26%), cannabis (22%) and heroin (5%).¹²

Drugs

In 2016 there were 1,808 drug induced deaths in Australia - the highest number in 20 years.¹³

In 2016, around 3.1 million Australians reported using an illicit drug.¹⁴

Australia has one of the highest recorded rates of methamphetamine use globally. According to the 2013 National Drug Strategy Household Survey, more than 1 in 50 Australians aged 14 or older currently use methamphetamine.¹⁵

We're three times more likely to die of a drug overdose than in a car accident.¹⁶

Illegal drugs cost the Australian economy around \$8.2 million dollars a year.¹⁷

Opioids & Prescription Drugs

More Australians are dying from legal prescription medication than all illicit drugs combined.¹⁸

The number of prescriptions for oxycodone increased about 15-fold in 20 years from around 200,000 in 1992 to almost three million in 2012.¹⁹

Over the period 2008-2014, there was an 87% increase in prescription opioid deaths.²⁰

Gambling

Australians are the world's most prolific gamblers based on per capita spending. In 2016 Australians lost more money per person (an average of \$1,220) than any other developed country.²¹

In 2013 there were at least 115,000 Australians who were seriously harmed by gambling and another 280,000 who were at significant risk.²²

Gambling stress pushes more than 400 Australians to suicide each year.²³

Australia has 20% of the world's poker machines, despite having just 0.3% of the world's population.²⁴

Australians spend around \$144 billion on poker machines every year.²⁵

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Treatment & the System

Currently about \$1.7 billion is spent annually on illicit drugs policy. Almost 65% is spent on supply reduction via law enforcement, compared with just 22% on treatment, 9.5% on prevention and 2.2% on harm reduction.²⁶

There are around 800 funded residential rehab centres in NSW and 200 in Victoria, with waiting times varying from 3-6 months.²⁷

Victoria has among the lowest number of government-funded rehab beds per capita in the country. The wait for a public rehab bed is months long, with private beds costing around \$30,000 for a 3-month program.²⁸

Australians are flying to Thailand and Bali for cheaper rehab. The numbers making the trip have almost doubled in recent years with Indonesian centres charging as little as a third of the equivalent private clinics in Australia.²⁹ Restrictions on leaving the country due to COVID-19 are placing even greater pressure on Australian rehab facilities.

It is estimated that between 200,000 and 500,000 more people would be in treatment if demand were to be fully met. This means that current met demand may vary between 26% and 48% of all people who will seek, and are appropriate for, Alcohol and Other Drugs (AOD) treatment.³⁰

In 2014 there were just 230 addiction medicine specialists in the whole of Australasia, with the average age of these specialists being 58. There were only 23 trainees.³¹

OUR PROJECT PARTNER

Turning Point is a national addiction treatment centre, dedicated to providing high quality, evidence-based treatment to people adversely affected by alcohol, drugs and gambling. Uniquely they combine this frontline treatment work with world-leading research and education programs.

In 2018 Turning Point received more than 100,000 requests for help via their telephone and online counselling services. And they provided face-to-face care for around 6,000 people in their clinical services.

The organisation worked on more than 50 research projects, and delivered courses to almost 2,000 students and around 1,000 community and family members across Australia.

Turning Point devised the pilot treatment project that this factual series is based on. They acted as the key consultation partner throughout the production, facilitating filming access to their clients, facilities and services.

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Prof. DAN LUBMAN

Executive Clinical Director, Turning Point

Professor of Addiction Studies and Services at Monash University

Director, Monash Addiction Research Centre (MARC)



In His Own Words:

'You have to live in a cave not to realise that alcohol and drug use is a major community concern.'

'Addiction is the most stigmatised of all mental health conditions. There's often up to 20 years from when somebody starts developing a problem with drugs or alcohol or gambling before they seek help. That's an awfully long time.'

'We have to come up with a better way of helping people.'

Background:

Professor Lubman has worked across mental health and drug treatment in the UK and Australia. His research is wide-ranging and includes investigating the harms associated with alcohol, drugs and gambling, the impact of alcohol and drug use on brain function, the relationship between substance use, gambling and mental disorder, as well as the development of targeted telephone, online and face-to-face intervention programs in school, primary care, mental health and drug treatment settings.

He has published more than 350 major reports, reviewed scientific papers and book chapters, and was Chair of the Royal Australian and New Zealand College of Psychiatrists' Faculty of Addiction Psychiatry for over a decade. He is regularly contacted for policy advice and community comment and sits on numerous government expert committees. He has a PhD in Psychiatry from the University of Manchester.

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PRODUCER BIOGRAPHIES



DARREN DALE - Producer

Darren has been a company director of Blackfella Films, Australia's premier Indigenous production company, since 2000.

In 2008 Darren, together with Rachel Perkins, produced the landmark multi-platform history series **First Australians**, broadcast on SBS to over 2.3 million viewers and accompanied by an internationally acclaimed interactive website. Amongst the many accolades for **First Australians** were AFI, TV Week Logie, AWGIE and Australian Director's Guild Awards. The 2010 SBS documentary **Lani's Story** was the recipient of a United Nations Media Peace Award, the second consecutive year Darren was awarded this prize.

In 2011, Darren produced the feature documentary **The Tall Man** for SBS, based on the award-winning book by Chloe Hooper. Premiering at the 2011 Adelaide Film Festival, the film screened at the Toronto International Film Festival (TIFF) and the International Documentary Film Festival Amsterdam (IDFA). **The Tall Man** received the AWGIE Award for Best Broadcast Documentary and the inaugural Walkley Award for Documentary, and was released theatrically.

The acclaimed telemovie **Mabo**, which Darren produced with Miranda Dear for the ABC, screened at the Sydney Film Festival in 2012 ahead of its national broadcast to commemorate the 20th anniversary of the landmark High Court decision.

In collaboration with Emmy Award-winning UK writer Jimmy McGovern and Miranda Dear, Darren produced two 6 x 1 hour series of the ground-breaking **Redfern Now** for the ABC, the first drama series on Australian television to be written, produced and directed by Indigenous Australians. In 2013 and 2014 it won the TV Week Logie Award for Most Outstanding Drama Series, and in 2014 the AACTA Award for Best Television Drama Series. A final telemovie instalment of **Redfern Now** titled **Promise Me** was broadcast in 2015.

In 2014 Darren produced **First Contact**, a 3 x 1 hour documentary series for SBS, which received the 2015 TV Week Logie for Most Outstanding Factual Program.

Next up was **DNA Nation**, a 3 x 1 hour documentary 'big science' series for SBS. Darren was Executive Producer on the 14 x half hour ABC3 teen drama series **Ready for This**, winner of the 2015 AACTA Award for Best Children's Television Series and the 2016 TV Week Logie Award for Most Outstanding Children's Program.

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In 2016 Darren produced the feature documentary **Deep Water: The Real Story** which investigated the gay hate epidemic of crimes in Sydney during the 1980s and 1990s, and, with Miranda Dear, the companion 4 part SBS crime drama series **Deep Water**, starring Noah Taylor and Yael Stone.

Deep Water: The Real Story received top honours at the 2018 NSW Premier's Literary Awards, sharing the Betty Roland Prize for Scriptwriting with *Top of the Lake*.

Also for SBS, Darren produced a further season of the award winning **First Contact**.

In 2017 the feature documentary **In My Own Words**, written and directed by Erica Glynn for NITV and SBS premiered at the Sydney Film Festival, and the major 3 part documentary series **Filthy Rich & Homeless** (plus an accompanying live debate show) was broadcast on SBS attracting outstanding ratings.

In 2018 Darren produced for SBS a further season of **Filthy Rich & Homeless** and the two part documentary series **How 'Mad' Are You?** which explores mental health

Completed in 2019 was the AACTA Award winning Best TV Drama Series **Total Control**, produced with Miranda Dear, and starring Deborah Mailman and Rachel Griffiths. A second season in development.

In 2020 Darren has completed a third season of **Filthy Rich & Homeless**, and is also producing for SBS the historical documentary series **First Wars**. For the ABC Darren has produced, with Jacob Hickey, the documentary **Maralinga Tjarutja**, and is also a series adaptation of Bruce Pascoe's acclaimed book **Dark Emu**, a three part series about Australian literature and a feature documentary about iconic fashion designers Jenny Kee and Linda Jackson.

With his Blackfella Films business partner, Rachel Perkins, Darren co-curated the film program for the **Message Sticks Indigenous Festival** at the Sydney Opera House from 2002 until 2011, and in 2012 presented the curated program of Indigenous films **Blackfella Films Presents** in partnership with the Sydney, Melbourne and Brisbane International Film Festivals.

Darren currently serves on the board of ACMI and the Sydney Film Festival. He was on the board of Screen NSW from 2011 to 2015, the Council of the Australian Film Television and Radio School from 2012 to 2018, with a term as Deputy Chair from 2014 to 2018, and the Sydney Festival. In 2012 he was the recipient of the prestigious AFTRS Honorary Degree.

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JACOB HICKEY – Series Producer, Series Director & Writer

Jacob started his career in BBC current affairs and worked on many award-winning projects, including investigations, primetime observational documentaries and historical series before moving to Melbourne.

In 2009 Jacob wrote and directed the feature length documentary **Inside the Firestorm** for the ABC about Australia's worst bushfire disaster 'Black Saturday' for which he won the 2010 AFI Award for Best Direction in a Documentary.

Jacob's next project was **Immigration Nation**, on which he was both series producer and director. The 3-part documentary was broadcast on SBS, and nominated for Best Factual Series at the 2011 AACTA Awards. Jacob then took up the post of series producer and writer on **Once Upon a Time in Cabramatta** which told the tumultuous story of the Vietnamese community synonymous with the western Sydney suburb. The production attracted one of the biggest audiences ever for a SBS documentary, received great critical acclaim, and won Gold and Silver Medals at the New York Film Festival's International Television and Film Awards. In 2012 Jacob was the series producer, director and writer of **Dirty Business – How Mining Made Australia**.

In July 2013 Jacob joined Blackfella Films in Melbourne as Head of Factual, responsible for the company's factual slate.

Jacob was the writer and series producer of the 3 part series **First Contact** which screened on SBS in late 2014. The series attracted a total audience in excess of two million, received critical acclaim and won the 2015 TV Week Logie Award for Most Outstanding Factual Program. Next was **DNA Nation**, the 3 part 'big science' documentary series broadcast on SBS in 2016 on which he was the writer and producer.

Jacob was co-writer of the feature length documentary **Deep Water: The Real Story** which investigated the gay hate killings that plagued Sydney in the 1980s and 1990s. It received top honours at the 2018 NSW Premier's Literary Awards, sharing the Betty Roland Prize for Scriptwriting with *Top of the Lake*.

A further season of the award winning **First Contact** was broadcast on SBS in late 2016, followed in 2017 by the acclaimed ratings hit series **Filthy Rich & Homeless** on which Jacob was the writer and series producer. In 2018 Jacob was writer and series producer on a second season of **Filthy Rich & Homeless** which won the Silver World Medal at the 2019 New York Festivals International TV & Film Awards and

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the Gold Trophy for Reality TV at the 2019 Venice Film Awards, plus the 2 part documentary series **How 'Mad' Are You?** which explores mental health in Australia.

In 2020, SBS broadcast a third season of **Filthy Rich & Homeless**, on which Jacob was writer and series producer, and he has also produced, with Darren Dale, the documentary **Maralinga Tjarutja** for the ABC.

Jacob is currently the writer and series producer on the SBS frontier history series **First Wars**. For the ABC Jacob is also series producer on the documentary series **Dark Emu**, based on the acclaimed book by Bruce Pascoe, the writer of a feature documentary about iconic fashion designers Jenny Kee and Linda Jackson, and the writer and series producer on a three part series about Australian literature for ABC Arts.

KEY CREW BIOGRAPHIES



AARON SMITH – DOP and Shooter Director

Aaron is an AFTRS Cinematography Masters graduate and works as a cinematographer, director and producer working across documentary, scripted and commercial productions.

Aaron co-created the ABC's ground-breaking series **You Can't Ask That**, winner of prestigious Rose d'Or, AACTA, Walkley and three United Nations Association of Australia Media Awards.

Aaron shot the acclaimed documentary series **Hitting Home**, the investigative documentary **The Queen and Zak Grieve**, the celebrated factual series **Employable Me** and the primetime arts documentaries **Making Muriel** and **Matilda & Me**.

Recently Aaron shot Sarah Ferguson's investigative documentary series **Revelation** for ABC and In Films.

Aaron directed the provocative documentary series **Dumb Drunk & Racist** and **Head First** for ABC2, and entertainment/comedy series **The Checkout**, **The Hamster Wheel**, **Myf Warhurst's Nice** and **Hungry Beast** for the ABC.

Aaron was the director of photography on the narrative comedies **Plonk**, **How Not To Behave** and **Fresh Blood: Be Your Own Boss**.

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TAMARA BODENHAM – Shooter Director



Tamara Bodenham is a British Shooter Producer / Director experienced in a broad range of programme formats and genres, and has worked in television over the past 20 years. Trained at the BBC in Camera she honed her skills as an Assistant Shooter Director on the BAFTA nominated British reality television show, **Little Angels**.

After a five-year stint of working throughout Egypt, Jordan, Pakistan, India and the USA for major broadcasters including BBC, Channel 4, Discovery, National Geographic, WGBH & WNET Tamara settled in Australia.

Her credits include **Muslims Like Us, This Time Next Year, Wife Swap, Married at First Sight, Dancing with the Stars, Damage Control, The Gift, Medical Emergency, The Unemployables** and **The Obesity Myth**.

VINCENT LAMBERTI – Shooter Director



Vincent is a documentary director and cinematographer. He holds post-graduate diplomas in Film & TV (Documentary) from VCAM (University of Melbourne) and Cinematography from AFTRS. As a director, his ABC documentary **Intervention**, produced in collaboration with the Aboriginal town-camp communities, won the Documentary Australia Foundation Award for Best Australian Documentary. His community filmmaking programs whilst living in the Central Desert for six years spawned a number of broadcast and festival films such as the award-winning short comedy **Bus Stop**.

Some of Vincent's credits as a documentary cinematographer are **The Opposition, Call me dad, Keeping Australia Alive, Sleep Matters (Catalyst), China's Artful Dissident** and **Filthy Rich & Homeless**. His work on the short drama **Breathe** was in competition at the world's premier Cinematography Festival, Camerimage.

Vincent is currently working as a shooter-director on SBS series **Addicted Australia**, as a DOP on feature documentaries **Palazzo di Cozzo** and **Life after Juvie** and as a director on NITV short doco **The Blood Library** and community projects across Australia.

BEN PEDERICK – Shooter Director



Ben has directed and produced films, television and digital features for broadcasters including National Geographic, Al Jazeera, Radio Free Asia, Discovery, Foxtel, as well as Australia's public and free to air stations. He has been awarded for work both here in Australia and internationally.

Ben's work is inspired by human diversity, and by the power of stories. Ben edited the English version of **The Dead Eye** and the **Deep Blue Sea**, a graphic memoir of slavery in the Thai fishing fleet, published by 7 Stories Press (NYC), currently in development adaption as an animated feature film.

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He is sought after as a director, senior producer, writer and shooter. His credits include, **Filthy Rich and Homeless**, **Paramedics**, **Go Back to Where You Came From**, **Bondi Rescue**, **Demolition Man**, **Australia's Forgotten Islands**, and **Westwind: Djalu's Legacy**.



MARK ATKIN, ASE – Editor

Mark Atkin is an Australian editor and filmmaker. Over the last 30 years he has edited all types of productions including feature films **Seeing Red**, **Only the Brave**, **Mallboy**, **Nowhere Boys: Book of Shadows**, **Force of Destiny**, the telemovies **Secret Bridesmaid's Business** and **Saved**, television drama series **Seachange**, **MDA**, **Offspring**, **The Slap**, **Nowhere Boys**, **Mrs Biggs**, **Glitch**, **Safe Harbour** and **Stateless**, and the documentaries **Pozieres**, **The Edge of the Possible**, **Two Mums and a Dad**, **Immigration Nation**, **Jabbed**, **Blood on the Coal**, **First Contact**, **DNA Nation**, **Harry Seidler: Modernist** and **Filthy, Rich & Homeless**, plus TVC's - most recently for **Worksafe** and **GMHBA**.

In 2004, Mark was accredited by the Australian Screen Editors Guild. In 2012, he received an Australian Screen Editors award for Best Editing in a Television Drama for **The Slap**. In 2014, Mark won an AACTA award for Best Editing in a Television Series for **Mrs Biggs**. Currently he is nominated by the Australian Screen Editors for Best Editing in a Television Drama for **Stateless**.

STEVEN ROBINSON, ASE – Editor



Steven Robinson has won two AACTA/AFI awards for Best Editing on the feature documentaries **In the Shadow of the Hill** (2016) and **Inside the Firestorm** (2010), and Best Editing at the Australian Screen Editors Guild Awards for **Choir of Hard Knocks** (2007). He has been nominated nine times for Best Editing at the Australian Screen Editors Guild Awards, including his current nomination for **Filthy Rich & Homeless**, Series 3.

He is also notable for his editing on **First Contact** Series 1 & 2, **DNA Nation**, and the 2005 Cinefest awarding winning feature documentary **Putuparri and the Rainmakers**.

His drama credits include the **Kath & Kim** comedy series and the feature film **Kath & Kimderella** (2012).

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MATTEO ZINGALES – Composer

Matteo Zingales is one of Australia's most in-demand and awarded composers.

Recent work includes the highly acclaimed ABC series **Total Control**, feature documentary **Machine**, ABC US series **Harrow** (Seasons 1 & 2), prime-time Channel 10 drama **Five Bedrooms**, Netflix's smash-hit TV Series **Tidelands**, and the critically acclaimed ABC original series **Mystery Road** (AACTA Award for Best Original Music).

Matteo also recently scored the highly anticipated feature film **I Met A Girl** which is set for release later this year.

Other projects include the TV Mini-Series **Wake in Fright** and Showtime's **The Kettering Incident**, (both recipients of the AACTA Award for Best Original Music Score in Television) and Foxtel's **Australia Day**.

Internationally, Matteo scored the US ABC prime-time TV series **Secrets and Lies** for two seasons, and the HBO feature film **Fahrenheit 451**, which premiered at the Cannes International Film Festival.

Matteo's film credits include **99 Homes** (Australian Guild of Screen Composers Winner Feature Film Score of the Year), **The Lost Aviator**, **The Hunter** and **Not Suitable for Children** (which earned him the AACTA Award for Best Original Music Score).

ASCAP Screen Music Awards honoured Matteo as a top composer in 2016.

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CREDITS

ADDICTED – Series 1

END CREDITS EPISODE ONE DOMESTIC VERSION: total duration 30 seconds

Full frame

Thanks To

DAWN
HEIDI
JACOB
JESS
KEEGAN
LUCAS
MATTHEW
RUBEN
SARAH
STEVEN

TURNING POINT
EASTERN HEALTH
THE FAMILY DRUG HELP PROGRAM AT SHARC
MONASH UNIVERSITY

Full frame

Producer
DARREN DALE

Series Producer & Writer
JACOB HICKEY

Series Director JACOB HICKEY

DOP AARON SMITH

Shooter Directors TAMARA BODENHAM
VINCENT LAMBERTI
BEN PEDERICK
AARON SMITH

Editors STEVEN ROBINSON, ASE
MARK ATKIN, ASE

Composer MATTEO ZINGALES

Associate Producer MARTA JELEC

Line Producer MEGAN NASS

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<i>Post Production Supervisor</i>	MICHELLE KASZAI
<i>Lead Assembly Editor</i>	BONNIE FAULKNER
<i>Head Sound Recordist</i>	JARROD OTTEN
<i>Casting Researchers</i>	MARTA JELEC SCOTT ELLIS
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<i>Additional Filming</i>	RAINER KELLY OLIVIA PENISTON-BIRD
<i>Sound Recordists</i>	STEVE BOND BEN TRAVERS
<i>Production Coordinator</i>	LAUREN MOORE
<i>Production Accountant</i>	GUARAV BHALLA, JOHN PAXINOS & ASSOCIATES
<i>Additional Casting Researcher</i>	EMMA DUNCAN
<i>Consultant Psychologist</i>	SIMON KINSELLA
<i>Stills Photographer</i>	AARON SMITH
<i>Safety Consultants</i>	TIM HAYES LEON STRIPP
<i>Assembly Editor - Screen Australia Attachment</i>	NICK WHELAN
<i>Data Wrangler</i>	ROBERT FRANTZESKOS
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<i>Supervising Sound Editor</i>	ANDY WRIGHT
<i>Dialogue Editor</i>	DIEGO RUIZ
<i>Sound FX Editors</i>	MEGAN HOWIESON WILL CARROLL
<i>Re-Recording Mixer</i>	DIEGO RUIZ
<i>Sound Post Producer</i>	ALEX DOERING
<i>Score Recorded & Mixed at</i>	SONAR MUSIC
<i>Sonar Music Executive Producer</i>	SOPHIE HAYDON
<i>Sonar Music Producer</i>	HAYLEE POPPI
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<i>Post Production Facility</i>	CUTTING EDGE
<i>Post Production Producer</i>	STEWART DEAN
<i>Head of Post Production</i>	MARCUS BOLTON
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<i>Media Operators</i>	DANIEL SCOTT ALEX SMART
<i>Title & Graphics Designer</i>	FINN SPENCER, KINETIKA
<i>Post Production Script</i>	REEZY MILLER SCRIPT SERVICES

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Insurance Broker*

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*Head of Factual
Business Affairs
Financial Controller
Office Managers*

JACOB HICKEY
HELEN LOVELOCK
LEAH HALL
ALEXIS TALBOT-SMITH
HANNAH WILLIAMS

For SBS

*Head of Documentaries
Commissioning Editor
Legal
Codes
Production Supervisor
Production Manager*

JOSEPH MAXWELL
SUSIE JONES
THEO DORIZAC
THERESE IVERACH
HEATHER OXENHAM
ROBERTA QUEIROZ

For SCREEN AUSTRALIA

Investment Manager

ANDREW ARBUTHNOT

For FILM VICTORIA

Production Executive

ANDREW WISEMAN

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WINDANA

The Producers Wish To Thank

ALEJANDRO
DIANNE
DORA
ETHAN
JACKSON
JUNE

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MARCEL
SUE
SUZIE
SHANNON

(Full Frame cards - Domestic Version)

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ADDICTED – Series 1
END CREDITS EPISODE TWO DOMESTIC VERSION: total duration 30 seconds

Full frame

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DAWN
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MARK ATKIN, ASE

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	ALEX SMART
<i>Title & Graphics Designer</i>	FINN SPENCER, KINETIKA
<i>Post Production Script</i>	REEZY MILLER SCRIPT SERVICES
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<i>Office Managers</i>	ALEXIS TALBOT-SMITH HANNAH WILLIAMS

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<i>Production Manager</i>	ROBERTA QUEIROZ

For SCREEN AUSTRALIA

<i>Investment Manager</i>	ANDREW ARBUTHNOT
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For FILM VICTORIA

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ODYSSEY HOUSE VICTORIA
REAL DRUG TALK
RECONNEXION
SMART RECOVERY AUSTRALIA
VICTORIAN ALCOHOL AND DRUG ASSOCIATION
WINDANA

The Producers Wish To Thank

ALEJANDRO

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DIANNE
DORA
ETHAN
JACKSON
JUNE
MARCEL
SUE
SUZIE
SHANNON

(Full Frame cards - Domestic Version)

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ADDICTED – Series 1
END CREDITS EPISODE THREE DOMESTIC VERSION: total duration 30 seconds

Full frame

Thanks To

DAWN
HEIDI
JACOB
JESS
KEEGAN
LUCAS
MATTHEW
RUBEN
SARAH
STEVEN

TURNING POINT
EASTERN HEALTH
THE FAMILY DRUG HELP PROGRAM AT SHARC
MONASH UNIVERSITY

Full frame

Producer
DARREN DALE

Series Producer & Writer
JACOB HICKEY

Series Director

JACOB HICKEY

DOP

AARON SMITH

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<i>Shooter Directors</i>	TAMARA BODENHAM VINCENT LAMBERTI BEN PEDERICK AARON SMITH
<i>Editors</i>	MARK ATKIN, ASE STEVEN ROBINSON, ASE
<i>Composer</i>	MATTEO ZINGALES
<hr/>	
<i>Associate Producer</i>	MARTA JELEC
<i>Line Producer</i>	MEGAN NASS
<i>Post Production Supervisor</i>	MICHELLE KASZAI
<i>Lead Assembly Editor</i>	BONNIE FAULKNER
<i>Head Sound Recordist</i>	JARROD OTTEN
<i>Casting Researchers</i>	MARTA JELEC SCOTT ELLIS
<hr/>	
<i>Additional Filming</i>	RAINER KELLY OLIVIA PENISTON-BIRD
<i>Sound Recordists</i>	STEVE BOND BEN TRAVERS
<i>Production Coordinator</i>	LAUREN MOORE
<i>Production Accountant</i>	GUARAV BHALLA, JOHN PAXINOS & ASSOCIATES
<i>Additional Casting Researcher</i>	EMMA DUNCAN
<i>Consultant Psychologist</i>	SIMON KINSELLA
<i>Stills Photographer</i>	AARON SMITH
<i>Safety Consultants</i>	TIM HAYES LEON STRIPP
<i>Assembly Editor - Screen Australia Attachment</i>	NICK WHELAN
<i>Data Wrangler</i>	ROBERT FRANTZESKOS
<hr/>	
<i>Sound Post Production Services by</i>	SOUNDFIRM AUSTRALIA
<i>Supervising Sound Editor</i>	ANDY WRIGHT
<i>Dialogue Editor</i>	DIEGO RUIZ
<i>Sound FX Editors</i>	MEGAN HOWIESON WILL CARROLL
<i>Re-Recording Mixer</i>	DIEGO RUIZ
<i>Sound Post Producer</i>	ALEX DOERING
<i>Score Recorded & Mixed at</i>	SONAR MUSIC
<i>Sonar Music Executive Producer</i>	SOPHIE HAYDON

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Sonar Music Producer HAYLEE POPPI

<i>Post Production Facility</i>	CUTTING EDGE
<i>Post Production Producer</i>	STEWART DEAN
<i>Head of Post Production</i>	MARCUS BOLTON
<i>Colourist</i>	DWAINE HYDE
<i>Online Editor</i>	JO SPILLANE
<i>Media Supervisor</i>	JOHN WARNEKE
<i>Media Operators</i>	DANIEL SCOTT ALEX SMART
<i>Title & Graphics Designer</i>	FINN SPENCER, KINETIKA
<i>Post Production Script</i>	REEZY MILLER SCRIPT SERVICES
<i>Legal</i>	VERGE WHITFORD & CO, CAROLINE VERGE
<i>Insurance Broker</i>	MOONEYS INSURANCE BROKERS, DAVID MANSLEY

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<i>Head of Factual</i>	JACOB HICKEY
<i>Business Affairs</i>	HELEN LOVELOCK
<i>Financial Controller</i>	LEAH HALL
<i>Office Managers</i>	ALEXIS TALBOT-SMITH HANNAH WILLIAMS

For SBS

<i>Head of Documentaries</i>	JOSEPH MAXWELL
<i>Commissioning Editor</i>	SUSIE JONES
<i>Legal</i>	THEO DORIZAC
<i>Codes</i>	THERESE IVERACH
<i>Production Supervisor</i>	HEATHER OXENHAM
<i>Production Manager</i>	ROBERTA QUEIROZ

For SCREEN AUSTRALIA

<i>Investment Manager</i>	ANDREW ARBUTHNOT
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For FILM VICTORIA

<i>Production Executive</i>	ANDREW WISEMAN
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PEOPLES OF VICTORIA

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BOX HILL HOSPITAL
THE EMERGENCY SERVICES TELECOMMUNICATIONS AUTHORITY
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ADDICTED – Series 1

END CREDITS EPISODE FOUR DOMESTIC VERSION: total duration 30 seconds

1 Full frame

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WINDANA

Archival Footage

THE FOOTAGE COMPANY / NINE NETWORK AUSTRALIA

11

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¹ Statistics relate to the 2007 National Survey of Mental Health and Wellbeing (NSMHWB) - (22% for alcohol use disorders lifetime, 3% for stimulant use disorders lifetime)

N.B - There hasn't been a national survey since 2007, and Turning Point estimates that '1 in 5' is a 'conservative figure

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³ <https://www.odysseyhouse.com.au/355/>

Relapse rates of 40-60 per cent are common across a range of licit and illicit drugs, from alcohol, tobacco and prescription drugs to heroin, cannabis, amphetamines or cocaine[i][ii]. This is because addiction is a chronic relapsing disorder that requires lifelong management just like other medical illnesses such as diabetes, hypertension or asthma, which have similar relapse rates[iii].

<https://www.abc.net.au/news/2018-05-02/drug-rehab-what-works-and-what-to-keep-in-mind-when-choosing/9718124>

The [completion rate](#) for all treatment types among publicly funded services is about 65 per cent, and the relapse rate after treatment of about 50 per cent is similar to that of other types of [chronic health conditions](#), such as asthma, high blood pressure and diabetes.

<https://www.psychologytoday.com/au/blog/craving/201402/how-often-do-long-term-sober-alcoholics-and-addicts-relapse>

Only about a third of people who are abstinent less than a year will remain abstinent.

For those who achieve a year of sobriety, less than half will relapse.

⁴ <https://www.abc.net.au/news/2018-11-20/australians-worlds-biggest-gambling-losers/10495566?nw=0>

<https://www.abc.net.au/news/2018-09-10/chart-of-the-day-how-aussies-lost-24-billion/10139778?nw=0>

<https://www.canberratimes.com.au/story/6214380/aust-gamblers-the-worlds-biggest-losers/?cs=14231>

⁵ <https://www.abc.net.au/news/2014-07-31/15-australians-die-each-day-from-alcohol-related-illness:-study/5637050?nw=0>

<https://www.vichealth.vic.gov.au/media-and-resources/media-releases/alcohol-kills-15-australians-a-day>

<https://ndri.curtin.edu.au/news-events/ndri-news/media-release-alcohol-causes-nearly-6000>

⁶ <https://www.aihw.gov.au/reports-data/behaviours-risk-factors/alcohol/overview>

⁷ <https://www.aihw.gov.au/reports-data/health-welfare-services/alcohol-other-drug-treatment-services/reports>

In 2018–19, 1,283 publicly funded alcohol and other drug (AOD) treatment services provided just under 220,000 treatment episodes to an estimated 137,000 clients. The four most common drugs that led clients to

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seek treatment for their own drug use were alcohol (36% of all treatment episodes), amphetamines (28%), cannabis (20%) and heroin (5%). Almost two-thirds (64%) of all clients receiving treatment were male, and the median age of clients was 34 years.

⁸ <https://www.bbc.com/news/world-australia-42362194>

Tim Costello, a spokesman for the Alliance for Gambling Reform believes that gambling stress pushes more than 400 Australians to suicide each year, a figure that has been given credence by Australia's Productivity Commission

<https://www.thecabinsydney.com.au/blog/gambling-is-killing-1-australian-everyday-when-is-it-time-to-seek-help/>

Approximately 400 Australians committed suicide every year due to their gambling problems. That is an average of 1 Australian per day killing themselves due to gambling.

<https://www.smh.com.au/business/consumer-affairs/gambling-is-killing-one-australian-a-day-but-it-rakes-in-billions-in-tax-20160928-grpypl.html>

⁹ <https://www.odysseyhouse.com.au/355/>

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¹⁰ <https://www.aihw.gov.au/reports-statistics/behaviours-risk-factors/alcohol/overview>

¹¹ <https://theconversation.com/the-perfect-storm-alcohol-drugs-and-depression-30469>

¹² <https://www.aihw.gov.au/reports/alcohol-other-drug-treatment-services/aodts-2016-17-key-findings/contents/clients>

¹³

<http://www.abs.gov.au/ausstats/abs@.nsf/Lookup/by%20Subject/3303.0~2016~Main%20Features~Drug%20Induced%20Deaths%20in%20Australia~6>

¹⁴ <https://campaigns.health.gov.au/drughelp/drug-trends-and-statistics>

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<https://ndarc.med.unsw.edu.au/sites/default/files/ndarc/resources/NDA073%20Fact%20Sheet%20Methamphetamine.pdf>

16 <https://www.turningpoint.org.au/spotlights/do-we-have-addiction-problem>

17 <https://www.aihw.gov.au/getmedia/e4f7cfc6-3cd5-4cf7-8c7e-dd77e83b8239/ah16-4-5-illicit-drug-use.pdf.aspx>

18 <https://www.aihw.gov.au/news-media/media-releases/2018/march/1-in-20-australian-deaths-caused-by-alcohol-and-il>

19

<https://ndarc.med.unsw.edu.au/sites/default/files/ndarc/resources/NDA073%20Fact%20Sheet%20Oxycodone.pdf>

20 <https://www.turningpoint.org.au/spotlights/do-we-have-addiction-problem>

21 <https://edition.cnn.com/2017/08/28/health/australia-gambling-addiction-poker-slot-machines/index.html>

22 Productivity Commission 2010, Gambling, Report no. 50, Canberra.

Accessed from: <http://www.pc.gov.au/inquiries/completed/gambling-2009/report>

* <https://www.abc.net.au/news/2011-05-25/key-facts-gambling-in-australia/2730414>

* <https://ama.com.au/position-statement/harmful-substance-use-dependence-and-behavioural-addiction-addiction-2017>

23 <https://www.bbc.com/news/world-australia-42362194>

24 <https://www.bbc.com/news/world-australia-42362194>

25 <https://www.abc.net.au/news/2018-11-14/photographer-rhett-hammerton-captures-lottery-players-hopes/10451610>

26 <https://www.aihw.gov.au/getmedia/e4f7cfc6-3cd5-4cf7-8c7e-dd77e83b8239/ah16-4-5-illicit-drug-use.pdf.aspx>

27 <https://theconversation.com/drug-rehab-and-group-therapy-do-they-work-65413>

28 https://www.vice.com/en_au/article/pamgzz/melbournes-rehab-waiting-list-is-so-long-people-are-moving-to-the-nt

29 <https://www.smh.com.au/national/iceaddicted-australians-choosing-bali-and-thailand-for-cheaper-treatment-20150717-giek7o.html>

30

<https://ndarc.med.unsw.edu.au/sites/default/files/ndarc/resources/New%20Horizons%20Final%20Report%20July%202014.pdf>

We estimate that between 200,000 and 500,000 more people would be in treatment if demand were to be fully met. 82

<https://www.theguardian.com/world/2020/apr/27/on-top-of-everything-coronavirus-is-making-australias-drug-crisis-a-whole-lot-worse>

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Earlier this year, a special independent commission, appointed to investigate the rise of crystal methamphetamine addiction in New South Wales, highlighted a “significant and long-standing unmet demand for treatment” in Australia. The commission estimated that between 200,000 and 500,000 people were unable to access treatment for drug and alcohol addiction each year, and a survey of residential rehabilitation facilities in NSW found 21% had wait times of between three and six months.

<https://www.svha.org.au/newsroom/announcements/new-report-a-reminder-of-australia-s-critical-shortage-of-alcohol-and-other-drug-treatment-services>

The National Drug and Alcohol Research Centre’s New Horizons report estimates up to 500,000 Australians are unable to access the help they need from alcohol and other drug treatment services because the services are either not available or the waiting lists are too long.

³¹ <https://www.myhealthcareer.com.au/medicine/addiction-medicine>

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